

Canadian Masters Indoor Championships
Toronto Track & Field Centre - 2018-03-10 to 2018-03-11
Results - Age Grading: 5 Yr Indiv & 5 yr Multi

M55 50 Meter Dash M55 Semi

Name	Age Team	Finals	Age-Grading	Points
Finals				
1 Robert Nasato	M57 Jamcan	6.80	5.82 95.29%	7
2 Ken Kudo	M55 Jamcan	6.84	5.85 94.74%	5
3 Les Neufeld	M57 Unattached Ontario	7.00	5.99 92.57%	4
4 Mike Lee Foon	M57 Jamcan	7.05	6.03 91.91%	3
5 Joseph Baptiste	M57 Jamcan	7.11	6.08 91.14%	2
6 Mark Schaber	M59 Unattached Ontario	7.82	6.69 82.86%	1
7 Willie A Price	M55 Unattached	7.83	6.70 82.76%	
8 Paul Lee	M58 Unattached Ontario	8.17	6.99 79.31%	

M29&U 50 Meter Dash Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Alex Helman	M24 Centro Scuola Tfc	6.06	6.07 91.42%	9	7

W30 50 Meter Dash Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Latasha Caesar	W34 The Gazelles	7.19	7.20 82.89%	3	7
2 Stéphanie Lavigne	W30 Perfmax-Racing	7.30	7.31 81.64%	3	5

M30 50 Meter Dash Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Isaiah Shikongo	M30 Mississauga Tra	6.44	6.45 86.02%	9	7
2 Sefako Phala	M30 Unattached Ontario	6.83	6.84 81.11%	9	5
3 Michal Bazylewicz	M31 Unattached Ontario	7.02	7.03 78.92%	9	4

W35 50 Meter Dash Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Florence Cavalli	W35 UTTC	7.70	7.71 77.40%	3	7
2 Marie-Eve Boudreau	W37 Saint-Jean O	8.25	8.26 72.24%	3	5

M35 50 Meter Dash Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Michael James	M37 Unattached Ontario	6.14	6.08 91.21%	9	7
2 Alex Gbaguidi	M36 UTTC	6.17	6.11 90.76%	9	5

M40 50 Meter Dash Sat 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Chad Kichula	M41 Excel Athletika	6.69	6.37 87.00%	8	7
2 Dwayne Daniel	M43 Unattached Ontario	7.33	6.98 79.40%	8	5
3 Waleed Nassar	M43 UTTC	8.10	7.72 71.85%	8	4
4 Jonathan Colford	M40 Unattached Ontario	8.11	7.72 71.76%	8	3

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W40 50 Meter Dash Sat 11:30am

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Debbie King	W42	Jamcan	7.46	7.20 82.84%	3	7
2 Sonia Lévesque	W40	Saint-Lauren	7.61	7.34 81.21%	3	5

M45 50 Meter Dash Sat 11:30am

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Nigel John	M45	Jamcan	6.39	5.87 94.52%	7	7
2 Jerry Kangni	M49	Perfmax-Racing	6.65	6.10 90.83%	7	5
3 Lawrence Williams	M47	Ottawa Lions	6.67	6.12 90.55%	7	4
4 Alan Foubert	M47	Unattached Ontario	6.68	6.13 90.42%	7	3
5 Matt Beechey	M47	Invictus AC	6.93	6.36 87.16%	7	2
6 Stéphane Gagnon	M46	Indépendant	7.24	6.65 83.43%	7	1
7 Emre Onat	M45	Unattached Ontario	7.37	6.76 81.95%	7	

W45 50 Meter Dash Sat 11:30am

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Tracy Viggers	W46	Unattached Ontario	7.58	6.92 86.28%	2	7
2 Debbie Zinman	W48	UTTC	7.66	6.99 85.38%	2	5
3 Dala Bortolussi	W49	Rive-Sud	7.96	7.26 82.16%	2	3.50
3 Sandi Arnason	W45	Riverdale Ath	7.96	7.26 82.16%	2	3.50
5 Claudia Wagner	W48	Indépendant	8.29	7.56 78.89%	2	2

W50 50 Meter Dash Sat 11:30am

Name	Age	Team	Finals	Age-Grading	Points
1 Valerie Hargreaves	W51	Unattached Ontario	8.25	7.14 83.52%	7

M50 50 Meter Dash Sat 11:30am

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Christopher Warburton	M52	The Gazelles	6.41	5.68 97.66%	6	7
2 Zaven Tavitian	M51	Perfmax-Racing	6.43	5.70 97.36%	6	5
3 Rick Reynolds	M51	Unattached Ontario	6.97	6.17 89.81%	6	4
4 Mooshie Zahirovich	M54	Indépendant	7.38	6.54 84.82%	6	3
5 John Wong	M51	Unattached Ontario	7.41	6.56 84.48%	6	2

W55 50 Meter Dash Sat 11:30am

Name	Age	Team	Finals	Age-Grading	Points
1 Faith Lee	W58	Unattached Ontario	9.74	8.01 74.44%	7

M60 50 Meter Dash Sat 11:30am

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Wayne Gagne	M63	Unattached Ontario	7.55	6.24 88.87%	5	7
2 Bryan Baldsing	M60	Jamcan	7.93	6.55 84.62%	5	5

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...M60 50 Meter Dash Sat 11:30am

3	Ralph Cilevitz	M64	Jamcan	8.06	6.66	83.25%	5	4
--	Dale Lawrence	M60	Unattached SK	DNF			5	

W60 50 Meter Dash Sat 11:30am

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Wendy Alexis	W62	Ottawa Lions	7.44	5.83102.28%	7	
2 Karla Del Grande	W64	Variety Vill	7.55	5.92100.79%	5	
3 Loretta Amerongen	W64	Voleo Athletics	9.58	7.51 79.44%	4	

M65 50 Meter Dash Sat 11:30am

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Oswin Spleit	M65	Hamilton Olmpic	8.24	6.59 84.10%	5	7

W65 50 Meter Dash Sat 11:30am

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Patty Franke Wager	W67	Unattached Ontario	15.67	11.73 50.86%	7	

M70 50 Meter Dash Sat 11:30am

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Robert Morley	M70	Unattached Ontario	7.52	5.83 95.08%	4	7
2 Jean-Louis Perez	M73	Indépendant	8.42	6.53 84.92%	4	5

M75 50 Meter Dash Sat 11:30am

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Mike Morris	M77	Unattached	7.93	5.93 93.44%	4	7
2 Helmut Brosz	M75	Unattached Ontario	9.37	7.01 79.08%	4	5
3 Patrick Groulx	M76	UTTC	9.71	7.26 76.31%	4	4

W75 50 Meter Dash Sat 11:30am

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Carol LaFayette-Boyd	W75	Excel Athletika	8.08	5.43109.78%	7	

M80 50 Meter Dash Sat 11:30am

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Steffen Kampe	M81	Unattached Ontario	12.23	8.69 63.78%	4	7

M90 50 Meter Dash Sat 11:30am

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Atter Singh Sekhon	M94	Unattached Ontario	13.47	7.69 72.09%	4	7

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M45 60 Meter Dash M45 Semis

Name	Age Team	Finals	Age-Grading	Points
1 Nigel John	M45 Jamcan	7.39	6.86 93.23%	7
2 Jerry Kangni	M49 Perfmax-Racing	7.73	7.18 89.13%	5
3 Alex-Bobbie Mason	M45 UTTC	8.05	7.47 85.59%	4
4 Matt Beechey	M47 Invictus AC	8.08	7.50 85.27%	3
5 Stéphane Gagnon	M46 Indépendant	8.54	7.93 80.68%	2
6 Emre Onat	M45 Unattached Ontario	8.61	7.99 80.02%	1
7 Saleem Baksh	M46 Unattached Ontario	8.63	8.01 79.84%	

M29&U 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Alex Helman	M24 Centro Scuola Tfc	7.01	7.02 91.16%	12	7
2 Manly Lau	M29 Unattached	7.66	7.67 83.42%	12	5

W29&U 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Thea Olivia Lepore	W21 Indépendant	9.09	9.10 76.13%	5	7

M30 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Isaiah Shikongo	M30 Mississauga Tra	7.54	7.55 84.75%	12	7
2 Christopher Wagner	M32 Unattached Ontario	7.62	7.63 83.86%	12	5
3 Milton Ashmeade	M32 Jamcan	8.43	8.44 75.80%	12	4

W30 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jillian Simmons	W31 UTTC	8.33	8.34 83.07%	5	7
2 Stéphanie Lavigne	W30 Perfmax-Racing	8.68	8.69 79.72%	5	5

M35 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Alex Gbaguidi	M36 UTTC	7.18	7.08 90.25%	11	7
2 Michael James	M37 Unattached Ontario	7.19	7.09 90.13%	11	5
3 David Nguyen	M37 Unattached Ontario	7.63	7.53 84.93%	11	4
-- Richard White	M37 United States	X8.31	8.20 77.98%	11	

W35 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Natacha Dupuis	W38 Ottawa Lions	8.55	8.46 81.87%	5	7
2 Florence Cavalli	W35 UTTC	9.00	8.91 77.78%	5	5
3 Kem McLean	W37 Jamcan	9.25	9.15 75.68%	5	4
4 Marie-Eve Boudreau	W37 Saint-Jean O	9.78	9.68 71.57%	5	3

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-- Dedeh Erawati W38 Indonesia X7.99 7.91 87.61% 5

M40 60 Meter Dash Sun 11:30am

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Chad Kichula	M41	Excel Athletika	7.69	7.36 86.87%	10	7
2 Dwayne Daniel	M43	Unattached Ontario	8.51	8.15 78.50%	10	5
3 Eric Ball	M40	The Gazelles	8.56	8.20 78.04%	10	4
4 Waleed Nassar	M43	UTTC	9.62	9.21 69.44%	10	3
5 Ben Kong	M42	Jamcan	10.48	10.03 63.74%	10	2

W40 60 Meter Dash Sun 11:30am

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Latoya Austin	W41	Flying Angel	8.51	8.12 85.31%	4	7
2 Violeta Garfunkel	W44	UTTC	8.57	8.18 84.71%	4	5
3 Renée Lachance	W43	Indépendant	8.78	8.38 82.69%	4	4
4 Debbie King	W42	Jamcan	8.83	8.43 82.22%	4	3
5 Sonia Lévesque	W40	Saint-Lauren	8.96	8.55 81.03%	4	2

W45 60 Meter Dash Sun 11:30am

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Marsha Thompson	W46	Jamcan	9.00	8.27 83.67%	3	7
2 Louise Bonneau	W48	Lachine	9.16	8.42 82.21%	3	5
3 Tracy Viggers	W46	Unattached Ontario	9.17	8.43 82.12%	3	4
4 Sandi Arnason	W45	Riverdale Ath	9.60	8.82 78.44%	3	3

M50 60 Meter Dash Sun 11:30am

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Christopher Warburton	M52	The Gazelles	7.62	6.85 93.31%	9	7
2 Rick Reynolds	M51	Unattached Ontario	8.23	7.40 86.39%	9	5
3 Viorel Magnea	M53	Unattached SK	8.57	7.71 82.96%	9	4

W50 60 Meter Dash Sun 11:30am

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Kelly Silcox	W51	Excel Athletika	8.6h	7.60 91.05%	2	7
2 Mary Harmer	W53	UTTC	9.1h	8.04 86.04%	2	5

M55 60 Meter Dash Sun 11:30am

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Robert Nasato	M57	Jamcan	7.68	6.68 95.70%	8	7
2 Ken Kudo	M55	Jamcan	7.72	6.72 95.21%	8	5
3 Mike Lee Foon	M57	Jamcan	7.84	6.82 93.75%	8	4
4 Les Neufeld	M57	Unattached Ontario	7.85	6.83 93.63%	8	3
5 Joseph Baptiste	M57	Jamcan	8.01	6.97 91.76%	8	2

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6 Mark Schaber	M59 Unattached Ontario	8.89	7.73	82.68%	8	1
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W55 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Renata Macherzynska	W59 UTTC	9.3h	7.89	87.74%	2 7

M60 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Bryan Baldsing	M60 Jamcan	9.0h	7.57	84.44%	7 7
2 Ralph Cilevitz	M64 Jamcan	9.1h	7.65	83.52%	7 5

W60 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 Wendy Alexis	W62 Ottawa Lions	8.74	7.11	97.37% 7
2 Jo Welch	W61 Unattached NS	10.79	8.78	78.87% 5
3 Susanne Lauridsen	W60 Calgary Spartans	10.94	8.90	77.79% 4

M65 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Bernard Lachance	M67 Saint-Jean O	9.3h	7.54	84.84%	7 7

W65 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 Patty Franke Wager	W67 Unattached Ontario	29.08	22.62	30.61% 7

M70 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Robert Morley	M70 Unattached Ontario	9.01	7.01	91.23%	6 7
2 Jean-Louis Perez	M73 Indépendant	10.01	7.78	82.12%	6 5

M75 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Patrick Groulx	M76 UTTC	11.94	8.84	72.36%	6 7

W75 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 Carol LaFayette-Boyd	W75 Excel Athletika	9.66	6.71	103.21% 7

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M90 60 Meter Dash Sun 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Atter Singh Sekhon	M94 Unattached Ontario	15.62	8.95 71.45%	6	7

M29&U 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Matan Berson	M28 Unattached	26.42	26.43 73.13%	20	7
-- Desiree Allen	M22 Unattached Ontario	DQ		7	Rule 163.3

W29&U 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Thea Olivia Lepore	W21 Indépendant	31.78	31.79 67.15%	6	7

M30 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Milton Ashmeade	M32 Jamcan	27.41	27.42 70.49%	20	7
2 Michal Bazylewicz	M31 Unattached Ontario	28.48	28.49 67.84%	20	5

W30 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Aimee Dubeau	W30 Unattached	28.43	28.44 75.06%	7	7
2 Latasha Caesar	W34 The Gazelles	28.71	28.72 74.33%	8	5 .7012
3 Stéphanie Lavigne	W30 Perfmax-Racing	28.71	28.72 74.33%	8	4 .7021
4 Lorena Reyes	W34 Ultimate Bod	28.82	28.83 74.05%	8	3
5 Carmela Reyes	W34 Ultimate Bod	29.33	29.34 72.76%	7	2

M35 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Alex Gbaguidi	M36 UTTC	24.04	23.65 81.70%	20	7

W35 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Natacha Dupuis	W38 Ottawa Lions	29.34	28.47 74.98%	6	7
2 Florence Cavalli	W35 UTTC	29.62	28.74 74.27%	6	5
3 Monique Shah	W37 Ultimate Bod	34.01	33.00 64.69%	6	4

M40 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Chad Kichula	M41 Excel Athletika	24.97	23.82 81.14%	18	7
2 Howard Powell	M42 Jamcan	25.57	24.39 79.23%	19	5
3 Sheldon Mirco	M41 Unattached Ontario	26.09	24.88 77.65%	19	4

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4 Ian Sheppard	M44	Ultimate Bod	29.85	28.47	67.87%	19	3
5 Jonathan Colford	M40	Unattached Ontario	31.98	30.50	63.35%	18	2
6 Waleed Nassar	M43	UTTC	34.13	32.55	59.36%	18	1

W40 200 Meter Dash Sat 1:30pm

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Violeta Garfunkel	W44	UTTC	28.23	26.38 80.91%	5	7
2 Sonia Lévesque	W40	Saint-Lauren	29.18	27.26 78.27%	5	5
3 Debbie King	W42	Jamcan	29.70	27.75 76.90%	5	4
4 Stephanie Olafson	W41	Unattached Manitoba	33.00	30.83 69.21%	5	3

M45 200 Meter Dash Sat 1:30pm

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Nigel John	M45	Jamcan	24.05	22.22 86.99%	17	7
2 Lawrence Williams	M47	Ottawa Lions	24.91	23.01 83.98%	17	5
3 Richard Reid	M49	Jamcan	25.35	23.42 82.52%	17	4
4 Jerry Kangni	M49	Perfmax-Racing	26.26	24.26 79.66%	17	3
5 Alex-Bobbie Mason	M45	UTTC	26.77	24.73 78.15%	16	2
6 Matt Beechey	M47	Invictus AC	26.83	24.78 77.97%	15	1
7 Matthew Dechellis	M49	Unattached Ontario	27.56	25.46 75.91%	15	
8 Sean Kapitain	M47	Unattached Ontario	27.96	25.83 74.82%	16	
9 Stéphane Gagnon	M46	Indépendant	28.20	26.05 74.18%	15	
10 Emre Onat	M45	Unattached Ontario	28.23	26.08 74.11%	15	
11 Shawn Folkes	M49	Jamcan	29.22	26.99 71.59%	16	
12 Brian Lovshin	M48	Toronto Olym	35.31	32.61 59.25%	15	

W45 200 Meter Dash Sat 1:30pm

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Louise Bonneau	W48	Lachine	30.32	27.24 78.36%	4	7
2 Tracy Viggers	W46	Unattached Ontario	31.66	28.44 75.05%	4	5
3 Dala Bortolussi	W49	Rive-Sud	32.25	28.97 73.67%	3	4
4 Claudia Wagner	W48	Indépendant	32.65	29.33 72.77%	4	3
5 Eve La Rivière	W45	Saint-Jean O	33.14	29.77 71.70%	3	2
6 Sonia Santarossa	W46	UTTC	33.78	30.35 70.34%	3	1

M50 200 Meter Dash Sat 1:30pm

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Christopher Warburton	M52	The Gazelles	24.64	22.02 87.78%	14	7
2 Serge Faucher	M53	Ottawa Lions	25.49	22.78 84.86%	14	5
3 Mooshie Zahirovich	M54	Indépendant	29.21	26.10 74.05%	13	4
-- Viorel Magnea	M53	Unattached SK	DQ		13	Rule 163.3

W50 200 Meter Dash Sat 1:30pm

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Kelly Silcox	W51	Excel Athletika	28.94	24.96 85.52%	2	7

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2 Mary Harmer	W53 UTTC	31.52	27.18	78.52%	2	5
3 Valerie Hargreaves	W51 Unattached Ontario	33.37	28.78	74.17%	2	4

M55 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading H# Points			
1 Ken Kudo	M55 Jamcan	25.96	22.42	86.21%	12	7
2 Joseph Baptiste	M57 Jamcan	28.12	24.28	79.59%	12	5
4 Willie A Price	M55 Unattached	32.63	28.17	68.59%	12	3
3 Steve Gorman	M57 United States	X29.15	25.17	76.78%	12	4

M60 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading H# Points			
1 Wayne Gagne	M63 Unattached Ontario	29.11	24.26	79.66%	11	7
3 Ralph Cilevitz	M64 Jamcan	38.38	31.98	60.42%	11	4
2 Robert Castleman	M60 United States	X30.96	25.80	74.90%	11	5

W60 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading Points			
1 Karla Del Grande	W64 Variety Vill	29.08	22.98	92.88%	7	
2 Wendy Alexis	W62 Ottawa Lions	29.12	23.02	92.75%	5	
3 Jo Welch	W61 Unattached NS	36.53	28.87	73.94%	4	

M65 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading H# Points			
1 Tom Stoyan	M67 Unattached	41.61	33.32	57.99%	11	7

M70 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading H# Points			
1 Jean-Louis Perez	M73 Indépendant	34.17	26.12	73.98%	10	7
2 Michel Gingras	M73 Saint-Jean O	37.70	28.82	67.06%	10	5

M75 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading H# Points			
1 Mike Morris	M77 Unattached	33.43	24.12	80.11%	10	7
2 Vern Christensen	M77 UTTC	44.12	31.84	60.70%	10	5
3 Frank Esson	M78 Unattached Ontario	44.97	32.45	59.55%	10	4

W75 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading Points			
1 Carol LaFayette-Boyd	W75 Excel Athletika	33.54	21.96	97.23%	7	

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M80 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 James Pascoe	M80 Unattached Ontario	41.18	27.58 70.06%	20	7
2 Steffen Kampe	M81 Unattached Ontario	54.92	36.78 52.53%	9	5

M90 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Atter Singh Sekhon	M94 Unattached Ontario	68.78	35.98 53.69%	9	7

M29&U 400 Meter Dash Sun 1:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Malcolm King	M22 Jamcan	57.23	57.24 75.45%	12	7

W29&U 400 Meter Dash Sun 1:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Thea Olivia Lepore	W21 Indépendant	71.25	71.26 66.81%	2	7

M30 400 Meter Dash Sun 1:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Greg Hetherington	M34 Unattached	55.88	55.89 77.27%	12	7
2 Milton Ashmeade	M32 Jamcan	69.02	69.03 62.56%	12	5

W35 400 Meter Dash Sun 1:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Natacha Dupuis	W38 Ottawa Lions	67.05	65.71 72.45%	2	7

M40 400 Meter Dash Sun 1:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Bill Wells	M43 UTTC	58.82	55.03 78.48%	12	7

W40 400 Meter Dash Sun 1:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Sonia Lévesque	W40 Saint-Lauren	67.18	63.09 75.45%	3	7
2 Michelle Clarke	W43 Longboat Roa	67.45	63.35 75.15%	3	5
3 Hazel Harding	W44 Ottawa Lions	70.72	66.42 71.68%	3	4
4 Jamie Boisclair	W40 The Gazelles	71.02	66.70 71.37%	3	3
5 Stephanie Olafson	W41 Unattached Manitoba	73.24	68.78 69.21%	3	2

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M45 400 Meter Dash Sun 1:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Lawrence Williams	M47 Ottawa Lions	55.10	49.89 86.55%	11	7
2 Richard Reid	M49 Jamcan	55.56	50.31 85.84%	11	5
3 Mirco Graenert	M49 Newmarket HU	56.96	51.58 83.73%	11	4
4 Colin James	M47 Unattached	59.99	54.32 79.50%	11	3
5 Matthew Dechellis	M49 Unattached Ontario	63.67	57.65 74.90%	10	2
6 Stéphane Gagnon	M46 Indépendant	65.91	59.68 72.36%	10	1
7 Emre Onat	M45 Unattached Ontario	66.12	59.87 72.13%	10	

W45 400 Meter Dash Sun 1:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Louise Bonneau	W48 Lachine	70.31	63.16 75.37%	7
2 Claudia Wagner	W48 Indépendant	73.91	66.40 71.70%	5
3 Eve La Rivière	W45 Saint-Jean O	75.62	67.93 70.07%	4
4 Julie Grenier	W46 Saint-Jean O	1:30.01	1:20.86 58.87%	3

M50 400 Meter Dash Sun 1:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Serge Faucher	M53 Ottawa Lions	56.38	49.36 87.50%	9	7
2 Michael Sherar	M54 UTTC	56.50	49.47 87.31%	9	5
3 Marcus Skeete	M50 UTTC	57.55	50.38 85.72%	9	4
4 Claude Faucher	M50 Unattached Ontario	58.83	51.50 83.85%	9	3
5 Ziad El-Hajj	M52 Enduromax	65.10	56.99 75.78%	9	2

W50 400 Meter Dash Sun 1:00pm

Name	Age Team	Finals	Age-Grading	Points
-- Brenda Hudey	W50 Excel Athletika	DQ		Rule 163.3

M55 400 Meter Dash Sun 1:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Ken Kudo	M55 Jamcan	61.15	51.70 83.53%	8	7
2 Joseph Baptiste	M57 Jamcan	64.27	54.34 79.48%	8	5
3 Andrew Forbes	M55 Unattached Ontario	66.50	56.22 76.81%	7	4
4 Trevor Burns	M55 UTTC	68.02	57.51 75.10%	7	3
-- Steve Gorman	M57 United States	X66.21	55.98 77.15%	8	

M60 400 Meter Dash Sun 1:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Steven Millward	M62 Niagara Olym	65.92	53.76 80.34%	6	7
2 Brent Scott	M61 Unattached BC	66.52	54.25 79.62%	6	5
3 Wayne Gagne	M63 Unattached Ontario	67.30	54.88 78.69%	6	4

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W60 400 Meter Dash Sun 1:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Karla Del Grande	W64 Variety Vill	66.93	51.64 92.19%	2	7

M65 400 Meter Dash Sun 1:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Tim Payne	M67 Newmarket HU	1:22.96	65.01 66.42%	5	7
-- Tom Stoyan	M67 Unattached	DQ		5	Rule 163.3

M70 400 Meter Dash Sun 1:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jean-Louis Perez	M73 Indépendant	79.75	59.50 72.58%	5	7

M75 400 Meter Dash Sun 1:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Chris Mackie	M77 Unattached Ontario	1:22.76	57.80 74.71%	4	7
2 Vern Christensen	M77 UTTC	1:37.85	68.34 63.19%	4	5
-- Frank Esson	M78 Unattached Ontario	DQ		4	Rule 163.3

M80 400 Meter Dash Sun 1:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 James Pascoe	M80 Unattached Ontario	1:39.00	63.00 68.55%	4	7

M29&U 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	H#	Points
1 Desiree Allen	M22 Unattached Ontario	2:45.97	2:45.98 60.92%	2	7

M35 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	H#	Points
1 Ian Aseltine	M37 Unattached Ontario	2:07.27	2:06.22 80.11%	6	7
2 Thomas Bok	M37 Unattached Ontario	2:20.10	2:18.94 72.78%	6	5
3 Tedd Konya	M37 UTTC	2:21.30	2:20.13 72.16%	6	4

W35 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	H#	Points
1 Nicole Rogers	W35 Unattached Ontario	2:42.78	2:41.99 69.93%	2	7

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W40 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	H#	Points
1 Mary Unsworth	W40 Muskoka Algo	2:17.09	2:10.75 86.64%	2	7
2 Michelle Clarke	W43 Longboat Roa	2:27.10	2:20.29 80.75%	2	5
3 Jamie Boisclair	W40 The Gazelles	2:46.16	2:38.47 71.49%	2	4
4 Hazel Harding	W44 Ottawa Lions	2:48.65	2:40.85 70.43%	2	3
5 Stephanie Olafson	W41 Unattached Manitoba	2:51.47	2:43.54 69.27%	2	2
6 Lisa Bradley	W40 Unattached Ontario	3:05.80	2:57.20 63.93%	2	1

M40 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	H#	Points
1 Sheldon Mirco	M41 Unattached Ontario	2:07.33	2:01.73 83.06%	6	7
2 Bill Wells	M43 UTTC	2:08.95	2:03.28 82.02%	6	5
3 Ben Kong	M42 Jamcan	3:15.84	3:07.23 54.00%	6	4

M45 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	H#	Points
1 Mirco Graenert	M49 Newmarket HU	2:11.94	2:01.43 83.27%	6	7
2 Pat McLean	M47 Newmarket HU	2:28.74	2:16.89 73.87%	6	5
3 Niegel Geohagen	M49 Jamcan	2:48.26	2:34.85 65.30%	6	4
4 Brian Lovshin	M48 Toronto Olym	3:04.51	2:49.81 59.55%	6	3

W45 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	Points
1 Claudia Wagner	W48 Indépendant	2:40.99	2:26.88 77.13%	7
2 Jodi Rice	W48 Unattached Ontario	2:44.80	2:30.35 75.35%	5
3 Julie Grenier	W46 Saint-Jean O	3:31.68	3:13.12 58.66%	4

M50 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	H#	Points
1 Paul Osland	M54 UTTC	2:10.13	1:55.13 87.83%	5	7
2 Jim Dyck	M52 MB Performance	2:10.20	1:55.19 87.78%	5	5
3 Simon Rayner	M54 UTTC	2:13.48	1:58.09 85.62%	5	4
4 Claude Faucher	M50 Unattached Ontario	2:13.90	1:58.47 85.35%	5	3
5 Robert Muir	M50 Ottawa Lions	2:19.62	2:03.53 81.86%	5	2
6 Walter Fernando Matias	M54 Longboat Roa	2:54.12	2:34.05 65.64%	5	1

W50 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	Points
1 Nancy Catton	W50 Physi-Kult Kingston	2:32.91	2:13.17 85.06%	7
2 Brenda Hudey	W50 Excel Athletika	3:00.48	2:37.19 72.07%	5

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M55 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	H#	Points
1 Mark Pinckard	M57 Ocean Athletics	2:16.53	1:55.92 87.23%	4	7
2 Armand D'Oliveira	M57 UTTC	2:20.67	1:59.43 84.66%	4	5
5 Trevor Burns	M55 UTTC	2:39.04	2:15.03 74.88%	4	2
3 Curtis Brereton	M57 Trinidad and Tobago	X2:25.02	2:03.13 82.12%	4	4
4 Steve Gorman	M57 United States	X2:38.61	2:14.66 75.08%	4	3

W55 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	Points
-- Joy Kramarich	W57 UTTC	DNF		

W60 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	Points
1 Clara Northcott	W63 UTTC	3:10.08	2:29.18 75.94%	7

M60 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	H#	Points
1 Brent Scott	M61 Unattached BC	2:28.42	2:00.72 83.76%	4	7
2 Anthony Farr	M63 UTTC	2:47.16	2:15.96 74.37%	4	5
3 Patrick Walsh	M62 Unattached Ontario	2:58.07	2:24.83 69.82%	4	4

M65 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	H#	Points
1 Ted Paget	M66 Newmarket HU	2:55.61	2:16.56 74.04%	3	7
2 Tim Payne	M67 Newmarket HU	3:00.68	2:20.50 71.97%	3	5
3 Ian Perowne	M66 Les Godasses	3:04.29	2:23.31 70.56%	3	4

M70 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jean-Louis Perez	M73 Indépendant	2:58.41	2:12.39 76.38%	3	7

M75 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	H#	Points
1 Chris Mackie	M77 Unattached Ontario	2:57.46	2:02.88 82.29%	3	7
2 Vern Christensen	M77 UTTC	3:32.80	2:27.35 68.62%	3	5
3 Frank Esson	M78 Unattached Ontario	3:56.67	2:43.88 61.70%	3	4

M80 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	H#	Points
1 Steffen Kampe	M81 Unattached Ontario	5:08.79	3:13.96 52.13%	3	7

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W29&U 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	Points
1 Jessica Shaw	W28 Newmarket HU	5:12.98	5:12.99 74.28%	7

M35 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Ian Aseltine	M37 Unattached Ontario	4:29.83	4:27.49 77.02%	5	7
2 Thomas Bok	M37 Unattached Ontario	5:01.17	4:58.55 69.00%	5	5
3 Tedd Konya	M37 UTTC	5:11.98	5:09.27 66.61%	5	4

W35 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	Points
1 Nicole Rogers	W35 Unattached Ontario	5:30.58	5:26.35 71.23%	7

M40 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jay Brecher	M44 UTTC	4:26.57	4:13.75 81.18%	5	7
2 Kevin Beatty	M42 Unattached Ontario	4:39.00	4:25.59 77.57%	5	5
3 Ben Kong	M42 Jamcan	6:54.22	6:34.30 52.25%	5	4

W40 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Mary Unsworth	W40 Muskoka Algo	4:36.75	4:21.73 88.82%	1	7
2 Michelle Clarke	W43 Longboat Roa	4:57.34	4:41.20 82.67%	1	5
3 Jamie Boisclair	W40 The Gazelles	6:02.26	5:42.59 67.86%	5	4

M45 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Philip Oreopoulos	M45 UTTC	4:31.96	4:08.17 83.01%	5	7
2 Tony Marra	M49 Muskoka Algo	5:23.58	4:55.27 69.77%	5	5
3 Niegel Geohagen	M49 Jamcan	5:55.30	5:24.22 63.54%	5	4

W45 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	Points
1 Leanne Shafir	W48 MB Performance	5:10.75	4:40.99 82.74%	7
2 Amy Ballon	W46 UTTC	5:21.02	4:50.27 80.09%	5

M50 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Paul Osland	M54 UTTC	4:30.92	3:56.55 87.09%	4	7
2 Simon Rayner	M54 UTTC	4:36.60	4:01.50 85.30%	4	5

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...M50 1500 Meter Run Sun 10:00am

3	Claude Faucher	M50 Unattached Ontario	4:48.05	4:11.50	81.91%	4	4
4	Robert Muir	M50 Ottawa Lions	4:51.13	4:14.19	81.04%	4	3
5	Gary G Cassel	M50 Cambridge Harriers	5:01.06	4:22.86	78.37%	4	2
6	Ziad El-Hajj	M52 Enduromax	5:07.45	4:28.44	76.74%	4	1
7	Jianping Xu	M52 Unattached Ontario	5:07.46	4:28.45	76.74%	4	

W50 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	Points
1 Nancy Catton	W50 Physi-Kult Kingston	5:14.37	4:31.21 85.72%	7

M55 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Mark Pinckard	M57 Ocean Athletics	4:54.06	4:05.16 84.03%	3	7
2 Daniel Fiorini	M55 Newmarket HU	4:54.46	4:05.50 83.91%	3	5
3 James Wallace	M55 UTTC	5:43.89	4:46.71 71.85%	3	4
4 Trevor Kobe	M56 Longboat Roa	5:52.58	4:53.95 70.08%	3	3
5 Vincent Sabourin	M58 Indépendant	6:27.21	5:22.82 63.81%	3	2
-- Curtis Brereton	M57 Trinidad and Tobago	X5:09.89	4:18.36 79.73%	3	

W55 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	Points
1 Makie Ohler	W55 UTTC	5:36.98	4:36.73 84.01%	7

M60 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Brent Scott	M61 Unattached BC	5:10.57	4:06.57 83.55%	3	7
2 Patrick Walsh	M62 Unattached Ontario	6:16.55	4:58.95 68.91%	3	5

W60 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Thérèse Hérard	W60 Lanaudière-O	5:55.42	4:35.78 84.30%	2	7
2 Clara Northcott	W63 UTTC	6:23.89	4:57.87 78.05%	2	5
3 Janet Foran-Goneau	W62 Unattached Ontario	7:00.32	5:26.13 71.28%	2	4

M65 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 John Clarke	M66 Unattached Ontario	5:34.98	4:12.21 81.68%	3	7
2 Ian Perowne	M66 Les Godasses	6:03.25	4:33.50 75.32%	3	5
3 Ted Paget	M66 Newmarket HU	6:07.45	4:36.66 74.46%	3	4
4 Tim Payne	M67 Newmarket HU	6:16.59	4:43.54 72.65%	3	3

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M70 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jean-Louis Perez	M73 Indépendant	6:08.87	4:21.13 78.89%	2	7
2 Michel Gingras	M73 Saint-Jean O	6:54.64	4:53.53 70.18%	2	5
3 Bob Kirkby	M72 Unattached Alberta	7:17.13	5:09.45 66.57%	2	4

M75 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Chris Mackie	M77 Unattached Ontario	6:02.04	3:57.36 86.79%	2	7
2 Vern Christensen	M77 UTTC	7:06.98	4:39.93 73.59%	2	5
3 Robert Moore	M77 Toronto Olym	7:31.77	4:56.19 69.55%	2	4

M80 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jack Geddes	M80 Unattached	7:52.71	4:39.85 73.61%	2	7

M40 3000 Meter Run Sat 2:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Michael Gill	M40 Lions Valley	9:05.00	8:46.04 83.64%	2	7
2 Jay Brecher	M44 UTTC	9:27.52	9:07.78 80.32%	2	5
3 Kevin Beatty	M42 Unattached Ontario	9:50.83	9:30.27 77.16%	2	4
4 Ben Kong	M42 Jamcan	15:40.59	15:07.86 48.47%	2	3

W45 3000 Meter Run Sat 2:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Amy Ballon	W46 UTTC	11:17.66	10:14.71 81.57%	7

M45 3000 Meter Run Sat 2:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Predrag Mladenovic	M45 Unattached Ontario	9:15.50	8:36.84 85.13%	2	7
2 Philip Oreopoulos	M45 UTTC	9:58.93	9:17.25 78.96%	2	5
3 Pedro Lopez-Bravo	M47 Newmarket HU	10:04.65	9:22.57 78.21%	2	4
4 Steve Boston	M47 Newmarket HU	10:47.44	10:02.38 73.04%	2	3
5 David Levy	M45 Unattached Ontario	10:49.21	10:04.03 72.84%	2	2
6 Tony Marra	M49 Muskoka Algo	11:24.63	10:36.98 69.08%	2	1

M50 3000 Meter Run Sat 2:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Simon Rayner	M54 UTTC	10:16.61	9:12.24 79.68%	2	7
2 Robert Muir	M50 Ottawa Lions	10:34.03	9:27.84 77.49%	2	5
3 Gary G Cassel	M50 Cambridge Harriers	11:06.64	9:57.05 73.70%	2	4
4 Jianping Xu	M52 Unattached Ontario	11:14.61	10:04.19 72.83%	2	3

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M55 3000 Meter Run Sat 2:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Steven Blostein	M56 Physi-Kult Kingston	10:19.16	8:52.98 82.56%	2	7
2 Daniel Fiorini	M55 Newmarket HU	10:40.24	9:11.12 79.84%	2	5
3 Trevor Kobe	M56 Longboat Roa	11:38.95	10:01.66 73.13%	2	4
-- Yvan B�chard	M55 Ind�pendant	DNF		2	

W55 3000 Meter Run Sat 2:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Makie Ohler	W55 UTTC	11:39.04	9:18.12 89.84%	7
2 Katherine Willis	W59 UTTC	15:42.65	12:32.62 66.62%	5

M60 3000 Meter Run Sat 2:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Anthony Farr	M63 UTTC	12:22.60	10:13.39 71.73%	7

W60 3000 Meter Run Sat 2:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Clara Northcott	W63 UTTC	13:44.30	10:13.28 81.76%	7
2 Cathy Tedford	W64 Unattached Ontario	20:41.10	15:23.38 54.30%	5
-- Th�r�se H�rard	W60 Lanaudiere-O	DNF		

M65 3000 Meter Run Sat 2:00pm

Name	Age Team	Finals	Age-Grading	Points
1 John Clarke	M66 Unattached Ontario	11:27.39	9:02.91 81.05%	7

M70 3000 Meter Run Sat 2:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Bob Kirkby	M72 Unattached Alberta	15:27.85	11:34.69 63.34%	7

M75 3000 Meter Run Sat 2:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Chris Mackie	M77 Unattached Ontario	13:21.44	9:19.89 78.59%	7
2 Vern Christensen	M77 UTTC	15:09.03	10:35.05 69.29%	5
3 Robert Moore	M77 Toronto Olym	15:45.59	11:00.59 66.61%	4

M80 3000 Meter Run Sat 2:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Steffen Kampe	M81 Unattached Ontario	20:21.18	12:55.09 56.77%	7

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W35 50 Meter Hurdles Sun 11:00am

Name	Age Team	Finals	Age-Grading Points
1 Marie-Eve Boudreau	W37 Saint-Jean O	9.98	9.99 65.93% 7

W40 50 Meter Hurdles Sun 11:00am

Name	Age Team	Finals	Age-Grading Points
1 Sonia Lévesque	W40 Saint-Lauren	9.81	8.99 73.29% 7

W45 50 Meter Hurdles Sun 11:00am

Name	Age Team	Finals	Age-Grading H# Points
1 Nicole Luke	W45 Jamcan	8.90	7.70 85.51% 2 7

W50 50 Meter Hurdles Sun 11:00am

Name	Age Team	Finals	Age-Grading Points
1 Kairy Loucks	W51 Unattached Ontario	8.88	7.44 88.51% 7

M55 50 Meter Hurdles Sun 11:00am

Name	Age Team	Finals	Age-Grading H# Points
1 Glenn Chipkar	M58 Unattached Ontario	8.33	7.05 88.72% 2 7

W55 50 Meter Hurdles Sun 11:00am

Name	Age Team	Finals	Age-Grading Points
1 Muriel Gieni	W59 Riverdale Ath	8.83	6.98 94.34% 7

W60 50 Meter Hurdles Sun 11:00am

Name	Age Team	Finals	Age-Grading Points
1 Jo Welch	W61 Unattached NS	11.29	8.66 76.00% 7
2 Susanne Lauridsen	W60 Calgary Spartans	11.71	8.98 73.27% 5

M65 50 Meter Hurdles Sun 11:00am

Name	Age Team	Finals	Age-Grading H# Points
1 Steve Bogatek	M68 Unattached Ontario	10.30	7.84 79.81% 2 7
2 Bernard Lachance	M67 Saint-Jean O	11.81	8.99 69.60% 2 5
-- David Black	M65 United States	X9.96	7.58 82.53% 2

M70 50 Meter Hurdles Sun 11:00am

Name	Age Team	Finals	Age-Grading Points
1 Roland Delhomeau	M73 Saskatoon CE	12.19	9.00 69.48% 7

Canadian Masters Indoor Championships
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W35 60 Meter Hurdles Sat 10:50am

Name	Age Team	Finals	Age-Grading	Points
2 Marie-Eve Boudreau	W37 Saint-Jean O	11.21	10.82 71.10%	5
1 Dedeh Erawati	W38 Indonesia	X8.43	8.13 94.54%	7

W40 60 Meter Hurdles Sat 10:50am

Name	Age Team	Finals	Age-Grading	Points
1 Sonia Lévesque	W40 Saint-Lauren	10.60	9.61 80.09%	7

W45 60 Meter Hurdles Sat 10:50am

Name	Age Team	Finals	Age-Grading	Points
1 Nicole Luke	W45 Jamcan	10.30	9.24 83.30%	7

M45 60 Meter Hurdles Sat 10:50am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Shawn Folkes	M49 Jamcan	11.71	10.65 68.57%	2	7

M50 60 Meter Hurdles Sat 10:50am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Yannick Le Mouël	M50 Saint-Jean O	8.84	7.89 92.53%	2	7

W50 60 Meter Hurdles Sat 10:50am

Name	Age Team	Finals	Age-Grading	Points
1 Kairy Loucks	W51 Unattached Ontario	10.95	9.44 81.46%	7

M55 60 Meter Hurdles Sat 10:50am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Glenn Chipkar	M58 Unattached Ontario	10.40	8.90 82.12%	2	7

W55 60 Meter Hurdles Sat 10:50am

Name	Age Team	Finals	Age-Grading	Points
1 Muriel Gieni	W59 Riverdale Ath	10.23	8.47 90.81%	7

M60 60 Meter Hurdles Sat 10:50am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Ward Hazen	M63 Unattached Ontario	9.78	8.13 89.78%	2	7
2 Dale Lawrence	M60 Unattached SK	11.83	9.84 74.22%	2	5
3 Ralph Cilevitz	M64 Jamcan	12.99	10.80 67.59%	2	4

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W60 60 Meter Hurdles Sat 10:50am

Name	Age Team	Finals	Age-Grading Points
1 Jo Welch	W61 Unattached NS	14.79	11.72 65.65% 7

M65 60 Meter Hurdles Sat 10:50am

Name	Age Team	Finals	Age-Grading H#	Points
1 Bernard Lachance	M67 Saint-Jean O	14.70	11.68 62.52%	2 7
-- Steve Bogatek	M68 Unattached Ontario	DNF		2

M30 4x200 Meter Relay Sun 2:50pm

Team	Finals	H#	Points
1 Jamaica 'A'	2:04.28	2	7
1) Jack Pontes 46			
2) Ira Irving 50			
3) Ralph Cilevitz 64			
4) Milton Ashmeade 32			

W35 4x200 Meter Relay Sun 2:50pm

Team	Finals	Points
1 Jamaica 'A'	2:00.9h	7 HT
1) Nicole Luke 45		
2) Debbie King 42		
3) Marsha Thompson 46		
4) Kem McLean 37		

M45 4x200 Meter Relay Sun 2:50pm

Team	Finals	H#	Points
1 Jamaica 'A'	1:48.72	2	7
1) Nigel John 45			
2) Shawn Folkes 49			
3) Niegel Geohagen 49			
4) Richard Reid 49			

W45 4x200 Meter Relay Sun 2:50pm

Team	Finals	Points
1 Saskatchewan 'A'	2:05.1h	7 HT
1) Sandi Arnason 45		
2) Brenda Hudey 50		
3) Muriel Gieni 59		
4) Kelly Silcox 51		

M55 4x200 Meter Relay Sun 2:50pm

Team	Finals	H#	Points
1 Jamaica 'A'	1:55.72	2	7
1) Joseph Baptiste 57			
2) Bryan Baldsing 60			
3) Mike Lee Foon 57			
4) Robert Nasato 57			

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M75 4x200 Meter Relay Sun 2:50pm

Team	Finals	H#	Points
1 Ottawa Masters Athletics 'A'	2:51.49	2	7
1) James Pascoe 80	2) Frank Esson 78		
3) Vern Christensen 77	4) Chris Mackie 77		

M30 4x400 Meter Relay Sat 2:30pm

Team	Finals	Points
1 Jamcan International Athletics 'A'	5:01.48	7
1) Jack Pontes 46	2) Ira Irving 50	
3) Milton Ashmeade 32	4) Howard Powell 42	

M45 4x400 Meter Relay Sat 2:30pm

Team	Finals	Points
1 Jamcan International Athletics 'A'	4:08.92	7
1) Nigel John 45	2) Shawn Folkes 49	
3) Niegel Geohagen 49	4) Richard Reid 49	

M50 4x400 Meter Relay Sat 2:30pm

Team	Finals	Points
1 Unattached Ontario 'A'	3:50.24	7
1) Serge Faucher 53	2) Jim Dyck 52	
3) Claude Faucher 50	4) Paul Osland 54	

M55 4x400 Meter Relay Sat 2:30pm

Team	Finals	Points
1 Jamcan International Athletics 'A'	5:29.29	7
1) Joseph Baptiste 57	2) Ralph Cilevitz 64	
3) Bryan Baldsing 60	4) Mike Lee Foon 57	

M40 4x800 Meter Relay Sun 3:10pm

Team	Finals	Points
1 Jamaica 'A'	11:52.52	7
1) Nigel John 45	2) Richard Reid 49	
3) Ben Kong 42	4) Niegel Geohagen 49	

M35 High Jump Sun 10:15am

Name	Age Team	Finals	Age-Grading Points
-- Richard White	M37 United States	X1.85m	1.89m 77.41%

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M40 High Jump Sun 10:15am

Name	Age Team	Finals	Age-Grading	Points
1 Zoltan Sara	M42 Unattached Ontario	1.80m	1.88m 76.92%	7

M45 High Jump Sun 10:15am

Name	Age Team	Finals	Age-Grading	Points
1 Shawn Folkes	M49 Jamcan	1.55m	1.70m 69.82%	7
2 Matt Beechey	M47 Invictus AC	1.45m	1.59m 65.32%	5
3 Jack Pontes	M46 Jamcan	1.35m	1.48m 60.81%	4

W45 High Jump Sun 10:15am

Name	Age Team	Finals	Age-Grading	Points
1 Marsha Thompson	W46 Jamcan	1.25m	1.45m 69.44%	4.20
1 Sandi Arnason	W45 Riverdale Ath	1.25m	1.45m 69.44%	4.20

M50 High Jump Sun 10:15am

Name	Age Team	Finals	Age-Grading	Points
1 Marcus Skeete	M50 UTTC	1.55m	1.80m 73.46%	7
-- Gulyo Stockard	M52 United States	X1.45m	1.68m 68.72%	

W50 High Jump Sun 10:15am

Name	Age Team	Finals	Age-Grading	Points
1 Annamaria (gaby) Szanto	W52 Unattached Ontario	1.30m	1.59m 76.02%	7

M55 High Jump Sun 10:15am

Name	Age Team	Finals	Age-Grading	Points
1 Donald Ritchie	M56 Unattached Ontario	1.60m	1.96m 80.00%	7
2 Mark Schaber	M59 Unattached Ontario	1.30m	1.59m 65.00%	5
3 James Wallace	M55 UTTC	1.20m	1.47m 60.00%	4

W60 High Jump Sun 10:15am

Name	Age Team	Finals	Age-Grading	Points
1 Susanne Lauridsen	W60 Calgary Spartans	1.19m	1.63m 78.29%	7

M60 High Jump Sun 10:15am

Name	Age Team	Finals	Age-Grading	Points
1 Thevarajan Sinnathurai	M64 United T.S.C.	1.25m	1.62m 66.49%	7
2 Ralph Cilevitz	M64 Jamcan	1.10m	1.43m 58.51%	5
-- Mark Williamson	M60 United States	X1.66m	2.16m 88.30%	

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M65 High Jump Sun 10:15am

Name	Age Team	Finals	Age-Grading Points
-- David Black	M65 United States	X1.35m	1.87m 76.27%

W65 High Jump Sun 10:15am

Name	Age Team	Finals	Age-Grading Points
1 Louise Nesterenko	W67 Calgary Spartans	0.98m	1.44m 69.01% 7
-- Patty Franke Wager	W67 Unattached Ontario	NH	

M70 High Jump Sun 10:15am

Name	Age Team	Finals	Age-Grading Points
1 Roland Delhomeau	M73 Saskatoon CE	1.19m	1.76m 72.12% 7

W75 High Jump Sun 10:15am

Name	Age Team	Finals	Age-Grading Points
1 Carol LaFayette-Boyd	W75 Excel Athletika	1.19m	2.03m 97.54% 7

M30 Pole Vault Sat 10:00am

Name	Age Team	Finals	Age-Grading Points
1 Josh Dorion	M33 Georgian Jumps	3.90m	3.90m 63.52% 7

W50 Pole Vault Sat 10:00am

Name	Age Team	Finals	Age-Grading Points
1 Annamaria (gaby)) Szanto	W52 Unattached Ontario	2.40m	3.11m 60.45% 7

M50 Pole Vault Sat 10:00am

Name	Age Team	Finals	Age-Grading Points
1 Yannick Le Mouël	M50 Saint-Jean O	4.15m	5.09m 83.00% 7

M55 Pole Vault Sat 10:00am

Name	Age Team	Finals	Age-Grading Points
1 Mark Schaber	M59 Unattached Ontario	3.15m	4.15m 67.60% 7

M70 Pole Vault Sat 10:00am

Name	Age Team	Finals	Age-Grading Points
1 Stan Seitz	M70 Ottawa Lions	2.55m	4.32m 70.44% 7

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M75 Pole Vault Sat 10:00am

Name	Age Team	Finals	Age-Grading	Points
1 Helmut Brosz	M75 Unattached Ontario	1.50m	2.80m 45.73%	7

W30 Long Jump Sat 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 Aimee Dubeau	W30 Unattached	4.46m	4.46m 59.31%	7
2 Lorena Reyes	W34 Ultimate Bod	4.42m	4.42m 58.78%	5

M40 Long Jump Sat 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 Dwayne Daniel	M43 Unattached Ontario	4.66m	5.07m 56.76%	7
2 Jasbir Singh Hundal	M44 Jamcan	4.28m	4.66m 52.13%	5

W40 Long Jump Sat 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 Padideh Bolorizadeh	W43 Unattached Ontario	4.57m	5.07m 67.50%	7

M45 Long Jump Sat 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 Nigel John	M45 Jamcan	6.20m	7.16m 80.00%	7
2 Lenroy Munro	M47 Unattached Ontario	5.06m	5.84m 65.29%	5
3 Jack Pontes	M46 Jamcan	5.02m	5.79m 64.77%	4
4 Alex-Bobbie Mason	M45 UTTC	4.23m	4.88m 54.58%	3

W45 Long Jump Sat 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 Tracy Viggers	W46 Unattached Ontario	4.20m	4.94m 65.73%	7
2 Sandi Arnason	W45 Riverdale Ath	4.01m	4.72m 62.75%	5
3 Eve La Rivière	W45 Saint-Jean O	3.05m	3.59m 47.73%	4

M50 Long Jump Sat 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 John Wong	M51 Unattached Ontario	4.31m	5.29m 59.20%	7
2 Jianping Xu	M52 Unattached Ontario	3.81m	4.68m 52.34%	5

W50 Long Jump Sat 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 Kairy Loucks	W51 Unattached Ontario	4.18m	5.24m 69.67%	7
2 Annamaria (gaby) Szanto	W52 Unattached Ontario	3.44m	4.31m 57.33%	5

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M55 Long Jump Sat 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 Dennis McWhinney	M56 Unattached Ontario	5.27m	6.91m 77.27%	7
2 Robert Nasato	M57 Jamcan	4.79m	6.28m 70.23%	5
3 Willie A Price	M55 Unattached	3.79m	4.97m 55.57%	4
4 Paul Lee	M58 Unattached Ontario	3.33m	4.36m 48.83%	3

W55 Long Jump Sat 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 Muriel Gieni	W59 Riverdale Ath	3.97m	5.32m 70.77%	7

M60 Long Jump Sat 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 Bryan Baldsing	M60 Jamcan	4.10m	5.77m 64.47%	7
2 Ralph Cilevitz	M64 Jamcan	3.94m	5.54m 61.95%	5

W60 Long Jump Sat 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 Loretta Amerongen	W64 Voleo Athletics	3.00m	4.32m 57.47%	7
2 Patricia Blacker-Thomson	W61 Unattached Ontario	2.42m	3.48m 46.36%	5

M65 Long Jump Sat 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 David Black	M65 United States	X3.71m	5.63m 62.99%	7

W65 Long Jump Sat 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 Louise Nesterenko	W67 Calgary Spartans	2.40m	3.73m 49.69%	7
2 Patty Franke Wager	W67 Unattached Ontario	1.18m	1.83m 24.43%	5

M75 Long Jump Sat 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 Patrick Groulx	M76 UTTC	2.77m	4.99m 55.73%	7

W75 Long Jump Sat 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 Carol LaFayette-Boyd	W75 Excel Athletika	3.59m	6.71m 89.30%	7

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M35 Triple Jump Sun 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 Chris Goulet	M35 Unattached Ontario	10.54m	10.61m 58.04%	7

M40 Triple Jump Sun 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 Zoltan Sara	M42 Unattached Ontario	11.27m	11.98m 65.52%	7
2 Dwayne Daniel	M43 Unattached Ontario	9.12m	9.70m 53.02%	5

M45 Triple Jump Sun 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 Jack Pontes	M46 Jamcan	10.71m	12.07m 65.99%	7
2 Matt Beechey	M47 Invictus AC	8.25m	9.29m 50.83%	5

W45 Triple Jump Sun 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 Tracy Viggers	W46 Unattached Ontario	8.47m	9.69m 62.56%	7
2 Sandi Arnason	W45 Riverdale Ath	7.85m	8.98m 57.98%	5

M50 Triple Jump Sun 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 Jianping Xu	M52 Unattached Ontario	7.26m	8.70m 47.58%	7

W50 Triple Jump Sun 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 Kairy Loucks	W51 Unattached Ontario	8.69m	10.60m 68.43%	7
2 Annamaria (gaby) Szanto	W52 Unattached Ontario	7.64m	9.32m 60.16%	5

M55 Triple Jump Sun 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 Mihai Ene	M57 Unattached Ontario	11.67m	14.93m 81.67%	7
2 Dennis McWhinney	M56 Unattached Ontario	10.85m	13.88m 75.93%	5
3 Robert Nasato	M57 Jamcan	9.48m	12.12m 66.34%	4

W55 Triple Jump Sun 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 Muriel Gieni	W59 Riverdale Ath	8.59m	11.22m 72.43%	7

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W60 Triple Jump Sun 11:00am

Name	Age Team	Finals	Age-Grading Points
1 Susanne Lauridsen	W60 Calgary Spartans	7.09m	9.96m 64.34% 7
2 Loretta Amerongen	W64 Voleo Athletics	6.67m	9.37m 60.53% 5
3 Patricia Blacker-Thomson	W61 Unattached Ontario	5.40m	7.59m 49.00% 4

M60 Triple Jump Sun 11:00am

Name	Age Team	Finals	Age-Grading Points
1 Thevarajan Sinnathurai	M64 United T.S.C.	9.94m	13.64m 74.57% 7
2 Bryan Baldsing	M60 Jamcan	8.10m	11.11m 60.77% 5
3 Ralph Cilevitz	M64 Jamcan	8.09m	11.10m 60.69% 4

W65 Triple Jump Sun 11:00am

Name	Age Team	Finals	Age-Grading Points
1 Louise Nesterenko	W67 Calgary Spartans	4.88m	7.42m 47.89% 7
2 Patty Franke Wager	W67 Unattached Ontario	3.11m	4.73m 30.52% 5

M65 Triple Jump Sun 11:00am

Name	Age Team	Finals	Age-Grading Points
-- David Black	M65 United States	X7.47m	11.05m 60.44%

M70 Triple Jump Sun 11:00am

Name	Age Team	Finals	Age-Grading Points
1 Roland Delhomeau	M73 Saskatoon CE	7.03m	11.28m 61.72% 7

M75 Triple Jump Sun 11:00am

Name	Age Team	Finals	Age-Grading Points
1 Patrick Groulx	M76 UTTC	5.90m	10.35m 56.62% 7

W75 Triple Jump Sun 11:00am

Name	Age Team	Finals	Age-Grading Points
1 Carol LaFayette-Boyd	W75 Excel Athletika	7.23m	13.85m 89.37% 7

M30 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading Points
1 Scott Paterson	M34 Unattached Alberta	12.94m	12.94m 55.97% 7

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W30 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading Points
-- St�phanie Lavigne	W30 Perfmax-Racing	FOUL	

M35 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading Points
1 Fernando Cornejo	M38 Throwers Club	12.02m	12.46m 53.93% 7
2 Reggie Johnson	M37 Throwers Club	11.32m	11.74m 50.79% 5
3 Alex Gbaguidi	M36 UTTC	10.52m	10.91m 47.20% 4
4 Kyle Clark	M39 Unattached Ontario	7.96m	8.25m 35.71% 3

W35 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading Points
1 Galina Todorova-Dineva	W39 Dynamique de Laval	10.77m	11.16m 49.34% 7
2 Sheree Mullings	W36 Jamcan	8.07m	8.36m 36.97% 5

W40 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading Points
1 Padideh Bolorizadeh	W43 Unattached Ontario	11.57m	12.84m 56.74% 7
2 Alicia Friday	W44 Unattached Ontario	7.65m	8.49m 37.52% 5
3 Debbie King	W42 Jamcan	7.28m	8.08m 35.70% 4

M40 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading Points
1 Jasbir Singh Hundal	M44 Jamcan	7.49m	8.34m 36.08% 7
2 Ben Kong	M42 Jamcan	4.58m	5.10m 22.06% 5

M45 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading Points
1 Matt Beechey	M47 Invictus AC	8.60m	10.33m 44.72% 7
2 Richard Reid	M49 Jamcan	8.59m	10.32m 44.67% 5
3 Jack Pontes	M46 Jamcan	7.36m	8.84m 38.27% 4
4 Alex-Bobbie Mason	M45 UTTC	7.01m	8.42m 36.45% 3

W45 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading Points
1 Tracy Viggers	W46 Unattached Ontario	10.62m	12.68m 56.04% 7
2 Linda Reid	W47 Jamcan	7.24m	8.64m 38.21% 5
3 Denise Gordon-Mohamud	W47 Mississauga Oly	6.21m	7.41m 32.77% 4

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M50 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Ira Irving	M50 Jamcan	9.59m	11.24m 48.61%	7

W50 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Annamaria (gaby)) Szanto	W52 Unattached Ontario	10.38m	13.08m 57.83%	7
2 Tracey. (willow) McCarth	W50 Unattached	9.72m	12.25m 54.15%	5

M55 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Danny Yoisten	M58 Unattached Ontario	12.01m	15.25m 65.99%	7
2 Paul Lee	M58 Unattached Ontario	5.40m	6.86m 29.67%	5

W55 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Faith Lee	W58 Unattached Ontario	6.08m	8.33m 36.83%	7

M60 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading	Points
2 Piotr Wyroba	M60 Unattached Ontario	10.59m	13.21m 57.18%	5
3 Harbans Cheema	M63 Unattached Ontario	9.63m	12.02m 52.00%	4
4 Ralph Cilevitz	M64 Jamcan	7.08m	8.83m 38.23%	3
1 Mark Cwiek	M63 United States	X11.10m	13.85m 59.94%	7

W60 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Loretta Amerongen	W64 Voleo Athletics	6.72m	10.09m 44.59%	7
2 Jo Welch	W61 Unattached NS	6.09m	9.14m 40.41%	5
3 Jane Warren	W62 Unattached NS	5.88m	8.82m 39.02%	4

M65 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading	Points
2 Bill Pearson	M65 Throwers Club	10.91m	14.84m 64.21%	5
3 Peter Zowkewych	M67 UTTC	10.66m	14.50m 62.74%	4
4 Jerzy Wyroba	M68 Unattached Ontario	10.54m	14.34m 62.04%	3
5 Terry Mountjoy	M69 Excel Athletika	8.25m	11.22m 48.56%	2
1 Tim Cederblad	M67 United States	X11.64m	15.83m 68.51%	7

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W65 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Louise Nesterenko	W67 Calgary Spartans	5.96m	9.89m 43.73%	7
2 Patty Franke Wager	W67 Unattached Ontario	5.11m	8.48m 37.49%	5

W70 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Cheryl Closkey	W70 Unattached BC	6.90m	12.80m 56.60%	7

M70 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 John Kasperski	M74 Throwers Club	11.34m	14.52m 62.83%	7
2 Moe Jacobs	M73 Unattached Ontario	9.72m	12.44m 53.85%	5

M75 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Helmut Brosz	M75 Unattached Ontario	8.90m	12.45m 53.87%	7
2 David Morris	M79 Throwers Club	8.46m	11.83m 51.21%	5
3 Patrick Groulx	M76 UTTC	7.52m	10.52m 45.52%	4
4 Gary McColeman	M76 UTTC	6.99m	9.78m 42.31%	3

W75 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Adri Rowswell	W77 Unattached Ontario	7.80m	14.29m 63.16%	7

M90 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Atter Singh Sekhon	M94 Unattached Ontario	4.49m	8.77m 37.92%	7

M30 Weight Throw Sat 3:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Scott Paterson	M34 Unattached Alberta	14.64m	14.64m 56.61%	7

W35 Weight Throw Sat 3:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Sheree Mullings	W36 Jamcan	5.25m	5.73m 24.29%	7

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M35 Weight Throw Sat 3:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Reggie Johnson	M37 Throwers Club	10.80m	11.01m 42.60%	7

M40 Weight Throw Sat 3:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Jasbir Singh Hundal	M44 Jamcan	4.43m	4.82m 18.67%	7

M45 Weight Throw Sat 3:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Jack Pontes	M46 Jamcan	5.35m	6.25m 24.20%	7

W45 Weight Throw Sat 3:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Linda Reid	W47 Jamcan	4.96m	6.42m 27.22%	7

W50 Weight Throw Sat 3:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Tracey. (willow) McCarth	W50 Unattached	11.90m	14.06m 59.62%	7

M55 Weight Throw Sat 3:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Ayman Mazhar	M58 UTTC	15.77m	17.70m 68.45%	7
2 Thomas Lambdin	M56 United States	X13.11m	14.71m 56.90%	5

W55 Weight Throw Sat 3:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Kristen Dajia	W55 Throwers Club	11.92m	15.39m 65.24%	7

W60 Weight Throw Sat 3:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Jo Welch	W61 Unattached NS	8.74m	10.58m 44.84%	7
2 Jane Warren	W62 Unattached NS	6.53m	7.90m 33.50%	5

M60 Weight Throw Sat 3:00pm

Name	Age Team	Finals	Age-Grading	Points
2 Ralph Cilevitz	M64 Jamcan	7.86m	8.19m 31.68%	5
1 Mark Cwiek	M63 United States	X14.66m	15.28m 59.09%	7

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W65 Weight Throw Sat 3:00pm

Name	Age Team	Finals	Age-Grading Points
1 Louise Nesterenko	W67 Calgary Spartans	7.34m	9.73m 41.24% 7
2 Lucille Green	W69 Throwers Club	7.24m	9.60m 40.67% 5
3 Patty Franke Wager	W67 Unattached Ontario	4.60m	6.09m 25.84% 4

M65 Weight Throw Sat 3:00pm

Name	Age Team	Finals	Age-Grading Points
2 Bill Pearson	M65 Throwers Club	11.78m	13.13m 50.80% 5
3 Terry Mountjoy	M69 Excel Athletika	9.71m	10.82m 41.87% 4
1 Tim Cederblad	M67 United States	X13.85m	15.44m 59.72% 7

W70 Weight Throw Sat 3:00pm

Name	Age Team	Finals	Age-Grading Points
1 Cheryl Closkey	W70 Unattached BC	10.21m	14.97m 63.46% 7

M70 Weight Throw Sat 3:00pm

Name	Age Team	Finals	Age-Grading Points
1 John Kasperski	M74 Throwers Club	10.86m	12.38m 47.90% 7

M75 Weight Throw Sat 3:00pm

Name	Age Team	Finals	Age-Grading Points
1 David Morris	M79 Throwers Club	7.96m	9.77m 37.81% 7
2 Patrick Groulx	M76 UTTC	5.70m	7.00m 27.08% 5

M90 Weight Throw Sat 3:00pm

Name	Age Team	Finals	Age-Grading Points
1 Atter Singh Sekhon	M94 Unattached Ontario	4.26m	7.12m 27.54% 7

W60 800 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Susanne Lauridsen	W60 Calgary Spartans	4:10.10	3:16.28 57.71% 229

M35 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Matthew McDowall	M36 Hamilton Olympic	3:03.78	3:02.46 71.53% 640

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M45 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Kasper Hinds	M49 Unattached	3:32.90	3:14.72 67.02%	527
2 Alejandro Rangel	M47 Lachine	4:14.52	3:52.79 56.06%	242

M50 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Marcus Skeete	M50 UTTC	3:15.14	2:50.85 76.39%	757

M55 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Luigi Nunno	M59 Unattached Ontario	6:10.83	5:10.17 42.08%	

M60 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Philippe Bouchard	M60 Saint-Jean O	3:22.78	2:41.58 80.77%	856
2 Bruce Urch	M63 Throwers Club	4:04.64	3:14.93 66.95%	525

M65 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Bernard Lachance	M67 Saint-Jean O	4:13.97	3:12.03 67.96%	551
2 David Black	M65 United States	X5:06.88	3:52.04 56.24%	246

M70 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Roland Delhomeau	M73 Saskatoon CE	4:56.71	3:31.00 61.85%	393
2 Stan Seitz	M70 Ottawa Lions	4:56.93	3:31.15 61.81%	392

W60 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Susanne Lauridsen	W60 Calgary Spartans	13.78	10.92 70.46%	550

M35 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	H#	Points
1 Matthew McDowall	M36 Hamilton Olympic	9.22	9.08 80.48%	2	728

M45 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	H#	Points
1 Kasper Hinds	M49 Unattached	11.66	10.61 68.87%	2	432

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...M45 60 Meter Hurdles Indoor Pentathlon

2	Alejandro Rangel	M47 Lachine	13.79	12.55	58.23%	2	163
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M50 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	H#	Points
1 Marcus Skeete	M50 UTTC	10.14	9.05 80.67%	2	735

M55 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	H#	Points
-- Luigi Nunno	M59 Unattached Ontario	DQ		2	

M60 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Bruce Urch	M63 Throwers Club	12.30	10.23 71.38%	498
2 Philippe Bouchard	M60 Saint-Jean O	12.37	10.29 70.98%	488

M65 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
2 Bernard Lachance	M67 Saint-Jean O	14.01	11.13 65.60%	348
1 David Black	M65 United States	X11.82	9.39 77.75%	662

M70 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Stan Seitz	M70 Ottawa Lions	14.53	11.21 65.11%	336
2 Roland Delhomeau	M73 Saskatoon CE	14.61	11.28 64.75%	325

W60 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Susanne Lauridsen	W60 Calgary Spartans	1.18m	1.62m 77.63%	759

M35 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Matthew McDowall	M36 Hamilton Olympic	1.76m	1.80m 73.64%	627

M45 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Kasper Hinds	M49 Unattached	1.42m	1.56m 63.96%	434
2 Alejandro Rangel	M47 Lachine	1.36m	1.49m 61.26%	381

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M50 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Marcus Skeete	M50 UTTC	1.57m	1.82m 74.41%	644

M55 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Luigi Nunno	M59 Unattached Ontario	1.24m	1.52m 62.00%	404

M60 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Philippe Bouchard	M60 Saint-Jean O	1.30m	1.69m 69.15%	536
2 Bruce Urch	M63 Throwers Club	1.21m	1.57m 64.36%	441

M65 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
2 Bernard Lachance	M67 Saint-Jean O	1.15m	1.59m 64.97%	457
1 David Black	M65 United States	X1.36m	1.88m 76.84%	696

M70 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Stan Seitz	M70 Ottawa Lions	1.33m	1.97m 80.61%	776
2 Roland Delhomeau	M73 Saskatoon CE	1.18m	1.75m 71.52%	585

W60 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Susanne Lauridsen	W60 Calgary Spartans	3.25m	4.68m 62.26%	474

M35 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Matthew McDowall	M36 Hamilton Olympic	6.18m	6.37m 71.20%	668

M45 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Kasper Hinds	M49 Unattached	5.38m	6.21m 69.42%	632
2 Alejandro Rangel	M47 Lachine	3.77m	4.35m 48.65%	264

M50 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Marcus Skeete	M50 UTTC	4.72m	5.79m 64.84%	542

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M55 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Luigi Nunno	M59 Unattached Ontario	3.58m	4.69m 52.49% 324

M60 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Bruce Urch	M63 Throwers Club	4.09m	5.75m 64.31% 533
2 Philippe Bouchard	M60 Saint-Jean O	3.64m	5.12m 57.23% 405

M65 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
2 Bernard Lachance	M67 Saint-Jean O	2.86m	4.34m 48.56% 262
1 David Black	M65 United States	X3.68m	5.58m 62.48% 498

M70 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Stan Seitz	M70 Ottawa Lions	3.43m	5.65m 63.17% 512
2 Roland Delhomeau	M73 Saskatoon CE	2.93m	4.82m 53.96% 348

W60 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Susanne Lauridsen	W60 Calgary Spartans	7.01m	10.52m 46.52% 564

M35 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Matthew McDowall	M36 Hamilton Olympic	11.93m	12.37m 53.52% 629

M45 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Alejandro Rangel	M47 Lachine	9.68m	11.63m 50.34% 584
2 Kasper Hinds	M49 Unattached	7.16m	8.60m 37.23% 402

M50 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Marcus Skeete	M50 UTTC	7.10m	8.32m 35.99% 385

M55 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Luigi Nunno	M59 Unattached Ontario	7.07m	8.98m 38.85% 425

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M60 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Philippe Bouchard	M60 Saint-Jean O	9.26m	11.55m 50.00% 579
2 Bruce Urch	M63 Throwers Club	8.77m	10.94m 47.35% 542

M65 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
2 Bernard Lachance	M67 Saint-Jean O	7.17m	9.75m 42.20% 471
1 David Black	M65 United States	X7.51m	10.21m 44.20% 498

M70 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Roland Delhomeau	M73 Saskatoon CE	8.34m	10.68m 46.20% 527
2 Stan Seitz	M70 Ottawa Lions	7.90m	10.11m 43.77% 492

W60 Indoor Pentathlon Sat 10:40am

Name	Age Team	Finals
1 Susanne Lauridsen	W60 Calgary Spartans	2576

M35 Indoor Pentathlon Sat 10:40am

Name	Age Team	Finals
1 Matthew McDowall	M36 Hamilton Olympic	3292

M45 Indoor Pentathlon Sat 10:40am

Name	Age Team	Finals
1 Kasper Hinds	M49 Unattached	2427
2 Alejandro Rangel	M47 Lachine	1634

M50 Indoor Pentathlon Sat 10:40am

Name	Age Team	Finals
1 Marcus Skeete	M50 UTTC	3063

M55 Indoor Pentathlon Sat 10:40am

Name	Age Team	Finals
1 Luigi Nunno	M59 Unattached Ontario	1153

M60 Indoor Pentathlon Sat 10:40am

Name	Age Team	Finals
1 Philippe Bouchard	M60 Saint-Jean O	2864

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...M60 Indoor Pentathlon Sat 10:40am

2 Bruce Urch	M63 Throwers Club	2539
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M65 Indoor Pentathlon Sat 10:40am

Name	Age Team	Finals
2 Bernard Lachance	M67 Saint-Jean O	2089
1 David Black	M65 United States	X2600

M70 Indoor Pentathlon Sat 10:40am

Name	Age Team	Finals
1 Stan Seitz	M70 Ottawa Lions	2508
2 Roland Delhomeau	M73 Saskatoon CE	2178

W29&U 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading Points
1 Amanda Schneider	W28 Ontario Race	8:23.80	8:23.81 66.89% 7

W35 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading Points
1 Erin Talcott	W39 United States	X6:55.75	6:51.85 81.83% 7

M40 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading H#	Points
1 Ben Kong	M42 Jamcan	12:52.23	12:10.38 42.31%	2 7

W40 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading Points
1 Blanka Smetana	W43 Toronto Race	9:48.07	9:26.02 59.54% 7

M45 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading H#	Points
1 Niegel Geohagen	M49 Jamcan	12:39.26	11:29.94 44.79%	2 7

W45 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading Points
1 Claustre Bajona-Xandri	W49 Ontario Race	8:18.98	7:41.56 73.01% 7

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M50 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jianping Xu	M52 Unattached Ontario	6:59.53	6:05.67 84.50%	2	7

W55 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading	Points
1 Kitty Cashman	W57 Toronto Race	8:43.61	7:25.07 75.72%	7
2 Faith Lee	W58 Unattached Ontario	9:59.51	8:29.59 66.13%	5
3 Nicky Slovitt	W57 Ontario Race	10:05.21	8:34.43 65.51%	4

M55 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Yvan Béchard	M55 Indépendant	6:56.24	5:47.36 88.96%	2	7
2 Patrick Murphy	M57 Ireland	X7:08.19	5:57.33 86.48%	2	5
3 Dave Talcott	M57 United States	X7:24.27	6:10.75 83.35%	2	4

W60 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading	Points
1 Anne De Thy	W64 Ontario Race	9:00.59	7:18.21 76.90%	7

M65 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Henry Charrois	M66 Edmonton Rac	7:56.36	5:59.99 85.84%	2	7

W65 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading	Points
1 Kris Kozell	W65 Ontario Race	8:47.24	6:45.03 83.20%	7
2 Teresa Chiozza	W67 Ontario Race	9:07.41	7:00.53 80.14%	5
3 Sharon M. Wright	W68 Unattached Ontario	10:06.79	7:46.14 72.30%	4

M75 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Marcel Jobin	M76 Les Vainqueurs	8:35.44	5:44.99 89.57%	2	7

W85 1500 Meter Race Walk Sat 10:00am

Name	Age Team	Finals	Age-Grading	Points
1 Jean Horne	W85 Ontario Race	11:53.48	6:44.76 83.26%	7

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W35 3000 Meter Race Walk Sun 2:00pm

Name	Age Team	Finals	Age-Grading	Points
-- Erin Talcott	W39 United States	X14:55.40	14:46.99	78.36%

W45 3000 Meter Race Walk Sun 2:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Claustre Bajona-Xandri	W49 Ontario Race	17:39.03	16:19.61	70.95% 7

M50 3000 Meter Race Walk Sun 2:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jianping Xu	M52 Unattached Ontario	15:14.26	13:18.61	79.07%	2 7

M55 3000 Meter Race Walk Sun 2:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Yvan Béchard	M55 Indépendant	14:27.66	12:05.72	87.01%	2 7
-- Patrick Murphy	M57 Ireland	X16:12.74	13:33.60	77.61%	2
-- Dave Talcott	M57 United States	X16:15.11	13:35.59	77.42%	2

W55 3000 Meter Race Walk Sun 2:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Kitty Cashman	W57 Toronto Race	18:20.74	15:33.65	74.44% 7
2 Nicky Slovitt	W57 Ontario Race	21:04.13	17:52.24	64.82% 5

M65 3000 Meter Race Walk Sun 2:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Henry Charrois	M66 Edmonton Rac	17:06.33	12:57.45	81.22%	2 7

W65 3000 Meter Race Walk Sun 2:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Teresa Chiozza	W67 Ontario Race	18:51.96	14:20.75	80.74% 7
2 Sharon M. Wright	W68 Unattached Ontario	20:46.78	15:48.06	73.31% 5
-- Kris Kozell	W65 Ontario Race	DQ		Rule 237a

M75 3000 Meter Race Walk Sun 2:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Marcel Jobin	M76 Les Vainqueurs	18:00.77	12:04.55	87.15%	2 7