

# uOttawa Cross Country Conference (RSEQ / OUA) Championship History

## QUEBEC / RESEQ TEAM SCORING

Men			Women		
2016 Sherbrooke	3 <sup>rd</sup>	93 pts / 10 Schools (8-12-21-22-30) (32-43) Alex Berhe, Nicolas Roberts, Ziyad El Hankouri, Kevin Bates, Tom Glassco, Ryan MacDonell, Romain Aymon	2016	5 <sup>th</sup>	132 pts / 9 Schools (2-25-32-36-37) (40-41) Katie Phillips, Sarya Ross, Tara Smith, Rebecca Brennan, Lauren Moore, Katie Wiwchar, Rachel Thiessen

## ONTARIO / OUA TEAM SCORING

Men			Women		
2015 Waterloo	10 <sup>th</sup>	296 pts / 15 Schools (14-64-69-71-78) (81-82) Alex Berhe, Graeme McConnell, Jared Ruest, Kevin Bates, Ryan MacDonell, Hamza Qureshi, Ziyad El Hankouri	2015	7 <sup>th</sup>	161 pts / 16 Schools (14-15-35-45-52) (58-66) Ruth Burrowes, Katie Phillips, Tara Smith, Katie Wiwchar, Sophie Bernard, Sarya Ross, Laura Seeley
2014 Queen's	8 <sup>th</sup>	237 pts / 13 Schools (33-37-43-60-64) (66-84) Matt Vierula, Alex Berhe, Adrian Tsang, Kevin Bates, Francis Hupe, Graeme McConnell, Scott Hitchcox	2014	5 <sup>th</sup>	145 pts / 13 Schools (20-22-26-29-48) (49-55) Isabelle Kanz, Ruth Burrowes, Anais Leroy, Katie Phillips, Tara Smith, Clare McGrath, Sarya Ross
2013 McMaster	9 <sup>th</sup>	255 pts / 14 Schools (38-41-48-52-76) (80-81) Remy Binns, Alex Berhe, Karl Saidla, Patrick Smith, Adrian Tsang, Graeme McConnell, Scott Hitchcox	2013	9 <sup>th</sup>	231 pts / 15 Schools (22-44-47-54-64) (65-68) Isabelle Kanz, Ruth Burrowes, Sophie Bernard, Jennifer Murawsky, Lina Sadqi, Clara Moore, Samantha Klus
2012 York	12 <sup>th</sup>	351 pts / 14 Schools (53-68-73-75-82) (83-91) Remy Binns, Francis Hupe, Patrick Smith, Daniel MacDonald, Matt Polson, Adrian Tsang, Baptiste Merhan	2012	9 <sup>th</sup>	240 pts / 15 Schools (28-35-56-60-61) (71-90) Julia Nikonorova, Isabelle Kanz, Abby Miller, Diana Ghinda, Julia Britton, Elizabeth O'Reilly, Lauren McNiven
2011 uOttawa	10 <sup>th</sup>	307 pts / 15 Schools (43-56-64-69-75) (77-88) Justin Jakeman, Mathieu Vierula, Remy Binns, Noah Fleming, Chase Horvath, Scott De Boer, Eric Boudreau	2011	11 <sup>th</sup>	302 pts / 16 Schools (43-58-59-70-72-74-82) Isabelle Kanz, Abby Miller, Erin Rivers, Zeena Rashid, Julia Britton, Clara Moore, Tiffany Locke
2010 Guelph	11 <sup>th</sup>	291 pts / 15 Schools (35-61-62-64-69) (73- DNF) Mathieu Vierula, Kyle Mackie, Andrew Dionne, Rob Bark, Scott DeBoer, Remy Binns, Garrett deJong	2010	12 <sup>th</sup>	371 pts / 16 Schools (45-74-82-84-86) (89-97) Emily Clarke, Julia Britton, Erin Rivers, Kate MacNaughton, Zeena Rashid, Ariane Brunet, Noella Klawitter
2009 Brock	10 <sup>th</sup>	276 pts / 15 Schools (42-53-57-60-64) (68-79) Chantry Cargill, Mathieu Vierula, Garrett de Jong, Remy Binns, Vincent Fluet, Kyle Mackie, Kevin Brennan	2009	8 <sup>th</sup>	240 pts / 16 Schools (22-42-52-57-67) (76-78) Tiffany Locke, Julia Malleck, Jill Seymour, Nicole Badry, Julia Britton, Amanda Pinch, Feyisayo Oni
2008 Queen's	11 <sup>th</sup>	317 pts / 15 Schools (39-57-70-75-76) (80-94) Mathieu Vierula, Trevor Dielman, Jason Desjardins, Kevin Brennan, Josh Matthewman, Luc Mahler, Julien Malette	2008	9 <sup>th</sup>	242 pts / 16 Schools (34-35-47-60-66) (72-DNF) Kristin Marvin, Carly Teckles, Brenda Pearce, Julia Tousaw, Carmen Kuntz, Lisa Benz, Jennie Biewald
2007 UWO	9 <sup>th</sup>	259 pts / 14 Schools (38-48-50-56-67) (77- DNF) Michael Lalonde, Gordon Kerslake, Patrick Laldonde, Eric Delorme, Philippe Rousseau, Jason Desjardins, Mathieu Dore	2007	9 <sup>th</sup>	254 pts / 15 Schools (19-47-55-60-73) (74-79) Tiffany Locke, Cynthia Chaput, Julia Tousaw, Carly Teckles, Lisa Benz, Renee Borkovich, Colleen Mortimer

2006 Queen's	7 <sup>th</sup>	214 pts / 14 pts (34-37-38-49-56) (67-X) Michael Lalonde, Gordon Kerslake, Sean Young, Eric Delorme, Jeff Harvey, Patrick Lalonde	2006	12 <sup>th</sup>	334 pts / 15 Schools (52-58-68-76-80) (81-84) Stacey Lance, Tiffany Locke, Melissa Bishop, Sarah Strickland, Mia St-Aubin, Ellorie McKnight, Brenda Pearce
2005 Queen's	8 <sup>th</sup>	213 pts / 13 Schools (29-41-42-49-52) (54-67) Sean Young, Joseph Yawney, Michael Lalonde, Gordon Kerslake, Jeff Harvey, Karl Dawson, Philippe Rousseau	2005	8 <sup>th</sup>	218 pts / 15 Schools (20-38-45-51-64) (70-82) Sarah Pearce, Katie O'Hearn, Stacey Lance, Chantal Denholm, Adrienne Telford, Brenda Pearce, Mia St-Aubin
2004 uToronto	8 <sup>th</sup>	189 pts / 12 Schools (14-37-41-48-49) (62-68) Mark Ryan, Jeff Harvey, Michael Lalonde, Karl Dawson, Joseph Yawney, Patrick Lalonde, J-M Aubin	2004	11 <sup>th</sup>	294 pts / 13 Schools (28-51-66-72-77) (78-X) Ida Fallesen, Carly Teckles, Sarah Pearce, Stacey Lance, Jordy Reed, Melanie Stritmatter
2003	7 <sup>th</sup>	192 pts / 12 Schools (13-40-45-46-48) (56-67) Mark Ryan, Jeff Harvey, Miles Howe, Sean Young, Michael Lalonde, Erik Eastaugh, Karl Dawson	2003	9 <sup>th</sup>	230 pts / 12 Schools (8-49-50-59-64)(66-73) Kirsten Addison, Meg Walker, Karina Smith, Andrea Wiggers, Carly Teckles, Annie Hamel, Bridget Nardi
2002 Guelph	9 <sup>th</sup>	264 pts / 11 Schools (20-50-58-64-72) (74-X) Mark Ryan, Miles Howe, Erik Eastaugh, Karl Dawson, Daniel MacDonald, Philippe Rousseau	2002	7 <sup>th</sup>	186 pts / 13 Schools (1-7-51-58-69)(77-80) Sarah Dillabaugh, Kirsten Addison, Andrea Wiggers, Karina Smith, Annie Hamel, Jaime Wilson, Daisy Laforce
2001 Guelph	8 <sup>th</sup>	235 pts / 13 Schools (40-43-48-50-54) (59-70) Michel Boudreau, Blaine Woodcock, Bruno Lafontaine, Nicolas Thouin-R, Julien Periard, Erick Eastaugh, Toshio Saeki	2001	12 <sup>th</sup>	286 pts / 14 Schools (22-59-64-69-72)(81-84) Kirsten Addison, Karina Smith, Meg Walker, Louise Robichaud, Annie Hamel, Shavaun MacDonald, Lindsay Taylor
2000	9 <sup>th</sup>	231 pts / 13 Schools (13-32-52-58-76) Michel Boudreau, Bruno Lafontaine, Chris Jamieson, Julien Periard, Toshio Saeki	2000	X	No Team - 2 Individuals (53-78) Megan Walker, Annie Hamel
1999	X	No Team - 1 Individual (78) of 93 Nick Burton	1999	7 <sup>th</sup>	201 pts / 13 Schools (13-24-48-54-62)(79) Paula Wiltse, Lesley Callaghan, Kellie Tierney, Charmaine Williams, Meg Walker, Marice Prior
1998	X	No Team - 3 Individuals (40-74-76) Mike Greenberg, Chris Ivey, David Korell	1998	8 <sup>th</sup>	227 pts / 14 Schools (1-13-65-71-77)(80) Nathalie Cote, Larisa Dabeka, Louise Robichaud, Danielle Carter, Kathy Fitzpartick, Anne-Marie Oswald
1997	9 <sup>th</sup>	216 pts / 14 Schools (12-37-42-55-70) Ian Potter, Kevin Lee, Brad Young, Peter Niedre, Jamie Stevenson,	1997	4 <sup>th</sup>	130 pts / 14 Schools (1-19-22-35-53)(74) Nathalie Cote, Larisa Dabeka, Amy Darling, Jennifer Brown, Caroline Gagne, Lesley Callaghan
1996	7 <sup>th</sup>	176 pts / 14 Schools (1-3-39-57-76) Ian Potter, Ryan Grant, Rob Deabreu, Mario Jarmasz, Eric Lepine	1996	4 <sup>th</sup>	109 pts / 13 Schools (4-13-15-27-50)(61-76) Nathalie Cote, Jackie Fabri, Michelle Price, Renee Guillemette, Stephanie Croft, Jennifer Brown, Larisa Dabeka
1995 Waterloo	8 <sup>th</sup>	219 pts / 13 Schools (25-26-36-62-71) (73) Ryan Grant, Paul Johnson, Patrick Seguin, Mike Greenberg, Peter Niedre, Mario Jarmasz	1995	6 <sup>th</sup>	162 pts / 13 Schools (12-21-31-46-52) (54-71) Michelle Price, Andrea MacDonald, Renee Guillemette, Carol-Ann Warford, Pam Fletcher, Donna Adam, Lisa MacDonnell
1994 Queen's	?	No Results Found	1994	11 <sup>th</sup>	330 pts / 13 Schools (29-52-70-89-90) Rachel Robichaud, Andrea MacDonald, Pam Fletcher, Teresa Varrasso, Karen Shaw
1993 Waterloo	8 <sup>th</sup>	236 pts / 14 Schools (14-35-59-65-66) (70-74) Ryan Grant, Rob DeAbreu, Paul Johnson, Patrick Seguin, Sean McAlpine, Trevor MacMillan, Giles Bonenfant	1993	9 <sup>th</sup>	205 pts / 13 Schools (11-31-37-62-64) (65-80) Lauren Aldwinkle, Rachel Robichaud, Andrea MacDonald, Trisa Zimmerman, Jennifer Quaid, Pam Fletcher, Janey de Paoli
1992 uToronto	5 <sup>th</sup>	104 pts / 14 Schools (20-28-36-37-63) (66-X) Rob Deadrcu, Ian Jenkins, Paul Dollemont, Alan Forster, Paul Johnson, Rene Hache	1992	7 <sup>th</sup>	211 pts / 12 Schools (21-35-47-53-57) (70-77) Beverley Cummings, Rachel Robichaud, Lynn Parrington, Pam Fletcher, Lisa Hallman, Janey de Paoli, Jennifer Olsen

1991 uToronto	4 <sup>th</sup> ?	No Results Found	1991	8 <sup>th</sup>	252 pts / 11 Schools (40-48-49-56-59) (?-?) Lynn Parrington, Catherine Milley, Rachel Robichaud, Laurie MacDonald, Lisa Hallman, Janice Faulknor, Nadia Burelli
1990 Queen's	1 <sup>st</sup>	33 pts / 14 Schools (1-2-5-6-19) (26-65) John Halvorsen, Richard Charette, Trevor Burwell, Albert Dell'Apa, Alan Forster, Richard Simpson, David Bialkowski	1990	8 <sup>th</sup>	236 pts / 10 Schools (31-45-54-58-66) (69-73) Joanna Irvine, Kate McCormack, Lori Doucet, Lynn Parrington, Nadia Burelli, Celine Bertrand, Colleen Campbell
1989	8 <sup>th</sup>	205 pts / 12 Schools (2-15-22-82-84) (88-89) Richard Charette, Albert Dell'Apa, Alan Forester, Dean Newman, John Hall, Robert Seguin, Claude Demers	1989	7 <sup>th</sup>	195 pts / 10 Schools (31-36-38-42-48) (57-58) Maggie Stewart, Catherine Milley, Lynn Parrington, Kate McCormack, Georgia Inglis, Sara Carter, Joanna Irvine
1988 Guelph	4 <sup>th</sup>	93 pts / 13 Schools (1-10-14-31-37) John Halvorsen, Richard Charette, Richard Simpson, Albert Dell'Apa, Others ???	1988	4 <sup>th</sup>	135 pts / 10 Schools (11-25-28-32-39) (54-57) Deborah Hine, Lynn Parrington, Linda Vander Wielen, Maggie Stewart, Katherine Milley, Janice Faulknor, Sandra Bucciarelli
1987 RMC	1 <sup>st</sup>	Score? / 12 School (1-3-7-???) John Halvorsen, Bob Rice, Richard Charette, - need more data	1987	5 <sup>th</sup>	133 pts / 10 Schools (13-24-34-37-44) (51-59) Theresa Brideau, Deborah Hine, Joanna Irvine, Suzanne Toussignant, Senta Bauermeister, Catherine Milley, Mona Violettee
1986 RMC	1 <sup>st</sup>	20 pts / 13 Schools (1-2-3-6-8) (37-46) John Halvorsen, Bob Rice, Alain Boucher, Richard Charette, Hakon Halvorsen, Rick Brant, Pat Kelly	1986	6 <sup>th</sup>	152 pts / 9 Schools (14-25-36-39-46) (53-62) Theresa Brideau, Deborah Hine, Joanna Irvine, Linda Vander Weilen, Cheryl Wilson, Senta Bauermeister, Magali Robert
1985	2 <sup>nd</sup>	58 pts / 13 Schools (3-6-8-14-27) (35-39) John Halvorsen, Bob Rice, Alain Boucher, Hakon Halvorsen, Pat Kelly, Tony Ferreira	1985	9 <sup>th</sup>	205 pts / 10 Schools (37-38-40-42-48) (60-63) Joanna Irvine, Michele Canu, Theresa Brideau, Anne Ertel, Kimberly Arsenault, Cheryl Wilson, Michelle Cournoyer
1984	8 <sup>th</sup>	182 pts / 12 Schools (22-32-33-46-49) Pat Kelly, Keith Dustin, Francis Kawam, Jeremy Hindle, Chris Eltis	1984	8 <sup>th</sup>	205 pts / 10 Schools (32-38-42-46-47) (48-55) Anne Ertel, Jennifer Russell, Jennifer Labenek, Senta Bauermeister, Bridgette Kehoe, Theresa Brideau, Cheryl Wilson
1983		No Results Found	1983		No Results Found
1982		No Results Found	1982		No Results Found
1981	X	No Team - 3 Individuals - (40-47-71) B.R. James, R.B. Bonfield, Peter Hanshaw	1980	X	No Team - No Entries
1980	X	No Team - No Entries	1980	X	No Team - 2 Individuals (42-52) Wendy Hanson, Susan Jack
		Pre 1980 - No Results Found			1978 - 79 - No Results Found
<p>1901 First Men's Cross Country Championship. OUA Records since 1950 indicate that uOttawa has won 2 Team Titles to current (1986 &amp; 1987) and 12 Top 3 Individual Finishers including 5 OUA Individual Champions"</p> <p>Point Record - Best Ever OUA Team Score for uOttawa = 20 pts - 1986. (1-2-3-6-8) (37-46)</p>			<p>1978 First Women's Cross Country Championship. OUA Records since 1978 indicate that uOttawa has never won a Team Title but has had 3 OUA Individual Champions (1997, 1998, 2002).</p> <p>Point Record - Best Ever OUA Team Score for uOttawa = 109 pts - 1996 (4-13-15-27-50)(61-76)</p>		

## INDIVIDUAL CONFERENCE TOP 14 FINISHERS

(1<sup>st</sup> Team = 1<sup>st</sup> to 7<sup>th</sup> Finishers) / (2<sup>nd</sup> Team = 8<sup>th</sup> to 14<sup>th</sup> Finishers)

2016	2 <sup>nd</sup> 8 <sup>th</sup> 12 <sup>th</sup>	Katie Phillips Alex Berhe Nicolas Roberts
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2015	14 <sup>th</sup> 14 <sup>th</sup>	Alex Berhe Ruth Burowes
2004	14 <sup>th</sup>	Mark Ryan

2003	13 <sup>th</sup> 8 <sup>th</sup>	Mark Ryan Kirsten Addison
2002	1 <sup>st</sup> 7 <sup>th</sup>	Sarah Dillabaugh Kirsten Addison
2000	13 <sup>th</sup>	Michel Boudreau
1999	13 <sup>th</sup>	Paula Wiltse
1998	1 <sup>st</sup> 13 <sup>th</sup>	Natalie Cote Larisa Dabeka
1997	1 <sup>st</sup> 12 <sup>th</sup>	Natalie Cote Ian Potter
1996	1 <sup>st</sup> 3 <sup>rd</sup> 4 <sup>th</sup> 13 <sup>th</sup>	Ian Potter Ryan Grant Nathalie Cote Jackie Fabri
1995	12 <sup>th</sup>	Michelle Price
1993	14 <sup>th</sup> 11 <sup>th</sup>	Ryan Grant Lauren Aldwinkle
1990	1 <sup>st</sup> 2 <sup>nd</sup> 5 <sup>th</sup> 6 <sup>th</sup>	John Halvorsen Richard Charette Trevor Burwell Albert Dell'Apa
1989	2 <sup>nd</sup>	Richard Charette
1988	1 <sup>st</sup> 10 <sup>th</sup> 14 <sup>th</sup> 11 <sup>th</sup>	John Halvorsen Richard Charette Richard Simpson Deborah Hine
1987	1 <sup>st</sup> 3 <sup>rd</sup> 7 <sup>th</sup>	John Halvorsen Bob Rice Richard Charette
1986	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup> 6 <sup>th</sup> 8 <sup>th</sup> 14 <sup>th</sup>	John Halvorsen Bob Rice Alain Boucher Richard Charette Hakon Halvorsen Theresa Brideau
1985	3 <sup>rd</sup> 6 <sup>th</sup> 8 <sup>th</sup> 14 <sup>th</sup>	John Halvorsen Bob Rice Alain Boucher Hakon Halvorsen
1984	X	X
1981	X	X
1980	X	X
pre 1980	?	?

## CONFERENCE AWARDS

Year	Team / Athlete / Coach	Achievements / Honours
2014	Katie Phillips	OUA Rookie of the Year (29 <sup>th</sup> Place Finish)
History ??	TBA	TBA

## uOTTAWA TEAM MVP AWARDS

Year	MALE	FEMALE
2016	Alex Berhe	Katie Phillips
2015	Alex Berhe	Ruth Burrowes / Katie Phillips
2014	Mathieu Vierula	Isabelle Kanz
2013	Remy Binns	Isabelle Kanz
2012	Remy Binns	Isabelle Kanz
2011	Justin Jakeman	Isabelle Kanz
2010	Mathieu Vierula	Emily Clarke
2009	Chantry Cargill	Tiffany Locke
2008	Mathieu Vierula	Carly Teckles
2007	Michael Lalonde	Tiffany Locke
2006	Michael Lalonde	Stacy Lance
2005	Sean Young	Sarah Pearce
2004	Jeff Harvey	Ida Falleson
2003	Mark Ryan	
2002	Mark Ryan	
2001	Blaine Woodcock	
2000	Michel Boudrea	
Year	HISTORY - Others ??	

## uOttawa Cross Country Canadian Intercollegiate (U-Sport) Cross Country Championship History

### U-SPORT / CIS TEAM SCORING

#### Men

#### Women

2016 Laval	15 <sup>th</sup>	438 pts / 22 Teams / 162 athletes (58-83-92-94-111) (123-125) Alex Berhe, Nicolas Roberts, Kevin Bates, Ziyad El Hankouri, Adrian Tsang, Tom Glassco, Ryan MacDonell	2016	X	No Team - 2 individuals Katie Phillips (25), Sarya Ross (105) of 162
2015 Guelph	X	No Team - 1 Individual - Alex Berhe (55) of 150	2015	X	No Team - 2 individuals Katie Phillips (33), Ruth Burrowes (45) of 144

2014 Memorial NFL	X	No Team or Individual	2014	9 <sup>th</sup>	244 pts / 18 Schools / 124 runners (23-24-51-62-84) (89-91) Ruth Burrowes, Katie Phillips, Isabelle Kanz, Anais Leroy, Clare McGrath, Tara Smith, Sarya Ross
2013 Western	X	No Team or Individual	2013	X	No Team - 1 Individual Isabelle Kanz (38) of 133
2012 Western	X	No Team or Individual	2012	X	No Team - 1 Individual Julia Nikonorova (45) of 123
2011 Laval	X	No Team or Individual	2013	X	No Team or Individual
2010 Sherbrooke	X	No Team or Individual	2010	X	No Team or Individual
2009 Queen's	X	No Team or Individual	2009	X	No Team or Individual
2008 Laval	X	No Team or Individual	2008	X	No Team or Individual
2007 uVictoria	X	No Team or Individual	2007	X	No Team - 1 Individual Tiffany Locke (21) of 107
2006 Laval	X	No Team or Individual	2006	X	No Team or Individual
2005 Dalhousie	X	No Team - 1 Individual (62) of 114 Sean Young	2005	X	No Team or Individual
2004 Guelph	X	No Team - 2 Individuals (39-78) of 99 Mark Ryan, Jeff Harvey	2004	X	No Team - 1 Individual Ida Fallesen (75) of 117
2003 Moncton	X	No Team or Individual	2003	X	No Team - 1 Individual Kirsten Addison (19) of 131
2002 UWO	X	No Team - 2 Individuals (61-80) of 108 Mark Ryan, Miles Howe	2002	14 <sup>th</sup>	274 points / 16 Schools (1-29-75-78-91) (98-101) Sarah Dillabaugh, Kristen Addison, Andrea Wiggers, Jennifer Hopkins, Karina Smith
2001 Sherbrooke	15 <sup>th</sup>	377 pts / 15 Schools (62-69-74-83-89) (98-X) Michel Boudreau, Blaine Woodcock, Nicolas Thouin, Bruno Lafontaine, Julien Periard, Toshio Saeki	2001	X	No Team - 4 Individuals Kirsten Addison, Karina Smith, Meg Walker, Shavaun MacDonald (45-83-90-93)
2000 U. Toronto	X	No Team - 2 Individuals Michel Boudreau Bruno Lafontaine (14-74) of 110	2000	X	No Team or Individual
1999 RMC Queen's	X	No Team - 1 Individual (27 <sup>th</sup> ) of 127 Paula Wiltse	1999	X	No Team or Individual
1998 Waterloo	X	No Team or Individual	1998	X	No Team or Individual
1997 UWO	X	No Team - 3 Individuals (17-39-82) of 129 Ian Potter, Brad Young, Peter Niedre	1997	7 <sup>th</sup>	192 pts / 16 Schools (1-22-35-57-77) (94-X) Nathalie Cote, Amy Darling, Larisa Dabeka, Jennifer Brown, Caroline Gagne, Lesley Callaghan
1996 McGill	X	No Team - 3 Individuals (3-82-87) Ian Potter, Mario Jarmasz, Rob DeAbreu	1996	6 <sup>th</sup>	149 pts / 14 Schools / 103 Athletes (1-12-31-42-78) Nathalie Cote, Jackie Fabri, Michelle Price, Renee Guillemette, Stephanie Croft
1995 UWO	X	No participation	1995	X	No Team - 3 Individuals (29-58-DNF) Michelle Price, Renee Guillemette, Andrea MacDonald
1994 UWO	X	No participation	1994	X	No participation
1993 Dalhousie	X	No participation	1993	X	No participation

1992 McGill	X	No participation - confirmed	1992	X	No participation - confirmed
1991 uVictoria	X	No participation - confirmed	1991	X	No participation - confirmed
1990 uOttawa	1 <sup>st</sup>	44 pts / 7 Schools / 51 Athletes (1-4-9-11-23) (30-45) John Halvorsen, Richard Charette, Terry Burwell, Albert Dell'Apa, Richard Simpson, Alan Forester, David Bialkowski	1990	7 <sup>th</sup>	188 pts / 7 Schools / 51 Athletes (26-39-42-44-47) (48-49) Joanne Irvine, Kate McCormack, Lynn Parrington, Lori Doucet, Nadia Burelli, Colleen Campbell, Lisa Holt
1989 UBC	X	No Team - 1 Individual (1 <sup>st</sup> ) 1 <sup>st</sup> - Richard Charette	1989	X	No Team or Individual
1988 Laval	X	No Team - 1 Individual (1) John Halvorsen	1988	X	No Team or Individual
1987 uVictoria	1 <sup>st</sup>	46 pts / (1-3-7-15-28-40) John Halvorsen, Richard Charette, Bob Rice, Richard Simpson, Scott Ledrew, Ian Cadieux	1987	X	No Team or Individual
1986 UWO	1 <sup>st</sup>	27 pts / 7 Schools (1-2-3-10-11) (37-43) John Halvorsen, Bob Rice, Alain Boucher, Hakon Halvorsen, Richard Charette, Pat Kelly, Rick Brant	1986	X	No Team or Individual
1985 Sherbrooke	3 <sup>rd</sup>	Looking for our history - no record of results - but the OUA Team this year was John Halvorsen, Bob Rice, Alain Boucher, Hakon Halvorsen, Pat Kelly, Tony Ferreira	1985		
1984 Guelph			1984		
1983 Laurentian			1983		
1982 Laurentian			1982		
1981 Lethbridge	X	No Team or Individual	1981	X	No Team or Individual
1980 Guelph			1980 First CIS Championship for Women  CIS Records from 1981 to 2008 indicate uOttawa has never won or medaled in the Team Category.		
64 - 79					
1964 First CIS Championship for Men  CIS Records from 1964 to 2008 indicate: uOttawa has won 3 Team Titles (86, 87, 90)					

## INDIVIDUAL CIS TOP 14 FINISHERS

(All Canadian 1<sup>st</sup> Team = 1<sup>st</sup> to 7<sup>th</sup> Finishers)

(All Canadian 2<sup>nd</sup> Team = 8<sup>th</sup> to 14<sup>th</sup> Finishers)

Waiting		
2002	1 <sup>st</sup>	Sarah Dillabaugh
2000	14 <sup>th</sup>	Michel Broudreau
1998	1 <sup>st</sup>	Natalie Cote
1997	1 <sup>st</sup>	Natalie Cote
1996	1 <sup>st</sup> 3 <sup>rd</sup> 12 <sup>th</sup>	Natalie Cote Ian Potter Jackie Fabri

1990	1 <sup>st</sup>	John Halvorsen
1989	1 <sup>st</sup>	Richard Charette
1988	1 <sup>st</sup>	John Halvorsen
1987	1 <sup>st</sup> 3 <sup>rd</sup> 7 <sup>th</sup>	John Halvorsen Richard Charette Bob Rice
1986	1 <sup>st</sup> 2 <sup>nd</sup> 3 <sup>rd</sup> 10 <sup>th</sup> 11 <sup>th</sup>	John Halvorsen Bob Rice Alain Boucher Hakon Halvorsen Richard Charette
1985	1 <sup>st</sup> 7 <sup>th</sup>	Bob Rice Alain Boucher

## NATIONAL AWARDS

Year	Team / Athlete / Coach	Achievements / Honours
2014	Katie Phillips	CIS Rookie of the Year
2002	Sarah Dillabaugh Sarah Dillabaugh	CIS Cross Country Women's Athlete of the Year CIS 1 <sup>st</sup> Team All-Canadian
1998	Nathalie Cote	CIS 1 <sup>st</sup> Team All-Canadian
1997	Nathalie Cote Nathalie Cote	CIS Cross Country Women's Athlete of the Year CIS 1 <sup>st</sup> Team All-Canadian
1996	Nathalie Cote Nathalie Cote	CIS Cross Country Women's Athlete of the Year CIS 1 <sup>st</sup> Team All-Canadian
1990	Denis Landry John Halvorsen	CIS Men's Coach of the Year CIS Record - The Most Individual Gold Medals Won (4 = 86-87-88-90)
1987	Denis Landry	CIS Men's Coach of the Year
1986	Denis Landry	CIS Men's Coach of the Year

## uOttawa Coaching History

2007 to Present	Andy McInnis	- Head Coach
2011 to Present	Ray Dupuis	- Associate Head Coach
2010	Ray Dupuis	- Assistant Coach
2004 to 2006	Ray Dupuis	- Head Coach (Team Combined)
2000 to 2003	Ray Dupuis	- Men's Head Coach
2004 - 2005	Jacque Laframboise	- Assistant Coach (Women)
2002 - 2005	Shawn Heij	- Assistant Coach (Men)
2001 to 2006	James Murphy	- Assistant Coach (Men)
1985 to 2003	Roger Burrows	- Women's Head Coach
1985 to	Denis Landry	- Men's Head Coach